



FRESH

### 30366 - Greens Micro Pea Shoots

Great source of three chemoprotective agents: folate, antioxidants and carotene. One cup provides about 35% of your daily value of vitamin C, 15% of vitamin A, and 66% of vitamin K. Helps control body weight and regulates metabolism.



#### \* Benefits

Organically grown, and high in Vitamins A and C, calcium, iron, and phosphorus. Super rich in antioxidants, which provide anti-inflammatory and phytonutrients.

#### Ingredients

#### ⚠ Allergens

## Nutrition Facts

Servings per Container  
Serving size

Amount per serving  
**Calories**

	% Daily Value*
<b>Total Fat</b>	<b>%</b>
Saturated Fat	%
Trans Fat	
<b>Cholesterol</b>	<b>%</b>
<b>Sodium</b>	<b>%</b>
<b>Total Carbohydrate</b>	<b>%</b>
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	%
<b>Protein</b>	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Handling Suggestions

Refrigerate until ready to serve.

#### Serving Suggestions

Best eaten raw, whenever possible.

#### Prep & Cooking Suggestions

Add to any dish, such as a salad, soup, sandwich, burger, steak, pizza, omelet, and much more! Or simply blend it into a smoothie! The possibilities are only limited by your imagination!

#### ✍ Product Specifications

Brand	Manufacturer
FRESH	FRESH SOURCE FARMS LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
	30366	00850031052697		1/8OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
						/



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#### Nutrition Analysis

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates...		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

#### Additional Images

