

FRESH 30366 - Greens Micro Pea Shoots

Great source of three chemoprotective agents: folate, antioxidants and carotene. One cup provides about 35% of your daily value of vitamin C, 15% of vitamin A, and 66% of vitamin K. Helps control body weight and regulates metabolism.





✤ Benefits

Organically grown, and high in Vitamins A and C, calcium, iron, and phosphorus. Super rich in antioxidants, which provide anti-inflammatory and phytonutrients.

Ingredients	Allergens

Nutrition Facts

Servings per Container Serving size

Amount per serving Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	· %
Protein	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%
* The % Daily Value (DV) tells you he a serving of food contributes to a da a day is used for general nutrition a	aily diet. 2,000 calories

Product Specifications

Refrigerate until ready to serve.

Handling Suggestions

Serving Suggestions

Best eaten raw, whenever possible.

Prep & Cooking Suggestions

Add to any dish, such as a salad, soup, sandwich, burger, steak, pizza, omelet, and much more! Or simply blend it into a smoothie! The possibilities are only limited by your imagination!

	Brand Manufacturer						
	FRESH		FRESH SOURCE FARMS LLC				
MFG #	SPC #	GTIN			Pack	Pack Desc.	
	30366	00850031052697		00850031052697			1/8OZ
Gross Weigl	ht Net Wei	ght (Country of	Origin	Kosher	Child Nutrition	
_	_		_	_	_	_	
		Ship	ping Infor	mation			
Length Wi	dth Height	Volum	e TIxHI	Shelf Li	ife Stora	ge Temp From/To	
						1	





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Nutrition Analysis

FRESH

Calories	Total Fat	Sodium	
Protein	Trans Fats	Calcium	
Total Carbohydrates…	Saturated Fat	Iron	
Sugars	Added Sugars	Potassium	
Dietary Fiber	Polyunsaturated Fat	Zinc	
Lactose	Monounsaturated Fat Phosphorus		
Sucrose	Cholesterol		
Vitamin A(IU)•	Vitamin D Thiamin		
Vitamin A(RE)	Vitamin E Niacin		
Vitamin C	Folate Riboflavin		
Magnesium	Vitamin B-6	Vitamin B-1 2•	
Monosodium	Sulphites	Nitrates	

Additional Images

