

### ESBFRM 32120 - Eggs Lrg Loose Grade Aa

Eggs are an all-natural source of high-quality protein and a number of other nutrients. Cost-effective and versatile, the unique nutritional composition of eggs can help meet a variety of nutrient needs of children through older adults.

# **Nutrition Facts**

		Servings per Container Serving size 1 (1Ea			
		Amount per serving Calories 70			
		% Dail	Daily Value*		
		Total Fat 5g	6%		
		Saturated Fat 1.5g	8%		
		<i>Trans</i> Fat 0g			
		Cholesterol 185mg	62%		
* Benefits		Sodium 70mg	3%		
-		Total Carbohydrate Og	0%		
		Dietary Fiber 0g	0%		
		Total Sugars 0g			
		Includes 0g Added Sugar	0%		
Ingredients	🛕 Allergens	Рrotein бg			
		Vitamin D 1mcg	5%		
Raw Egg	Contains:	Calcium 28mg	2%		
	() eggs	Iron 1mg	6%		
	Free From:	Potassium 69mg	1%		
	Image: crustaceans       Image: cr	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

#### Handling Suggestions

SAFE HANDLING INSTRUCTIONS: To prevent illness from bacteria: keep eggs refrigerated, cook eggs until yolks are firm, and cook foods containing eggs thoroughly

Serving Suggestions

1

## Prep & Cooking Suggestions

Poaching

# Product Specifications

Brand				Manufacturer					
ESBFRM				Esbenshade, Inc.					
MFG #	S	PC #	(	GTIN		Pack		Pack Desc.	
2ESF024	3	2120	20097009214822		22	15	5	15 / 120.0 CT	
Gross Weig	Gross Weight Net Weight Cou		ntry of C	Origin Koshe		sher	Child Nutrition		
24.3lb		22.5lb USA					No		
Shipping Information									
Length V	Vidth	Height	Volume	TIxHI	Shelf	elf Life Stor		age Temp From/To	
11.88in 11	1.88in	13.38in	1.09ft3	12x5	60DA	AYS 33°F / 45°F		33°F / 45°F	





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SAVAL FOODSERVICE

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Nutrition Analysis - By Serving

Calories	70	Total Fat	5g	Sodium	70mg
Protein	6	Trans Fats	Og	Calcium	28mg
Total Carbohydrates…	Og	Saturated Fat	1.5g	Iron	1mg
Sugars	Og	Added Sugars	Og	Potassium	69mg
Dietary Fiber	Og	Polyunsaturated Fat	Og	Zinc	1
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	185mg		
Vitamin A(IU)•	270	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0.2mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



