GOLD MEDAL

053577 - **Flour Remarkable Unbleached**

Recommended for crusty breads, rolls, and thin crust pizzas. General Mills flour is milled from select varieties to ensure maximum consistency and baking performance. Quality ingredients yield exceptional results. 13.6% protein level.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**756**
Serving size	**1/4cup(30g)**
Amount per serving	
Calories	**100**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 21g	**8%**
Dietary Fiber 1g	**4%**
Total Sugars 0g	
Includes 0g Added Sugar	**0%**
Protein 4g	
Vitamin D 0mcg	**0%**
Calcium 0mg	**0%**
Iron 1.3mg	**7%**
Potassium 0mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.

Allergens

Contains:

wheat

Handling Suggestions

Store in cool dry location

Serving Suggestions

Excellent for all types of hearth breads as well as rye and wheat breads and rolls.

Prep & Cooking Suggestions

Refer to your desired recipe or formula for preparation instructions.

Product Specifications

Brand	Manufacturer	Product Category
GOLD MEDAL	GENERAL MILLS/FLOUR	Flour & Cornmeal

MFG #	SPC #	GTIN	Pack	Pack Desc.
57162	053577	10016000571621	1	1/50#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
52lb	50lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.5in	25in	4.5in	1.01ft3	7x5	365DAYS	40°F / 111°F

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Nutrition Analysis - By Serving

Calories	100	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates•••	21g	Saturated Fat	0g	Iron	1.3mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	90mg	Riboflavin	0.1mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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