



LAND O LAKES

055081 - Cheese Stick I/W Mild Cheddar 1 Oz S/O

Land O Lakes Reduced Fat Mild Cheddar Cheese Sticks are the perfect ready-to-serve individually wrapped, kid-pleasing protein for meals and snacks. 3 bags of 56-1oz packages. Meal Contribution Credit per serving: 1oz portion provides 1 M/MA.



* Benefits

Individually wrapped stick for easily adding protein to your menu
Versatile and economical
1 M/MA

Ingredients

Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), *Vitamin A Palmitate.

⚠ Allergens

Contains:



Nutrition Facts

1 Servings Per Container

Serving size **1STICK (28g)**

Amount per serving
Calories 90

% Daily Value*

Total Fat 7 g **9%**

Saturated Fat 4.5 g **23%**

Trans Fat 0 g

Cholesterol 20 mg **7%**

Sodium 190 mg **8%**

Total Carbohydrate 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugar **0%**

Protein 7 g

Vitamin D 0 mcg **0%**

Calcium 200 mg **15%**

Iron 0 mg **0%**

Potassium 30 mg **1%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep Refrigerated

Serving Suggestions

Serve as a snack. Create your own bistro box with breads, vegetables, and or fruit. Breakfast, lunch or afterschool snack. Perfect for self-serve bars.

Prep & Cooking Suggestions

Ready to eat.

📄 Product Specifications

Brand	Manufacturer
LAND O LAKES	Land O'Lakes

MFG #	SPC #	GTIN	Pack	Pack Desc.
4488200034500	055081	10034500448823	3	3 / 56 / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12 lb	10.5 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.5 in	9 in	9 in	0.68 ft3	13x5	150 DAYS	34 °F / 38 °F



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Nutrition Analysis - By Serving

Calories	90	Total Fat	7 g	Sodium	190 mg
Protein	7	Trans Fats	0 g	Calcium	200 mg
Total Carbohydrates...	0 g	Saturated Fat	4.5 g	Iron	0 mg
Sugars	0 g	Added Sugars	0 g	Potassium	30 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20 mg		
Vitamin A(IU)	85	Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

