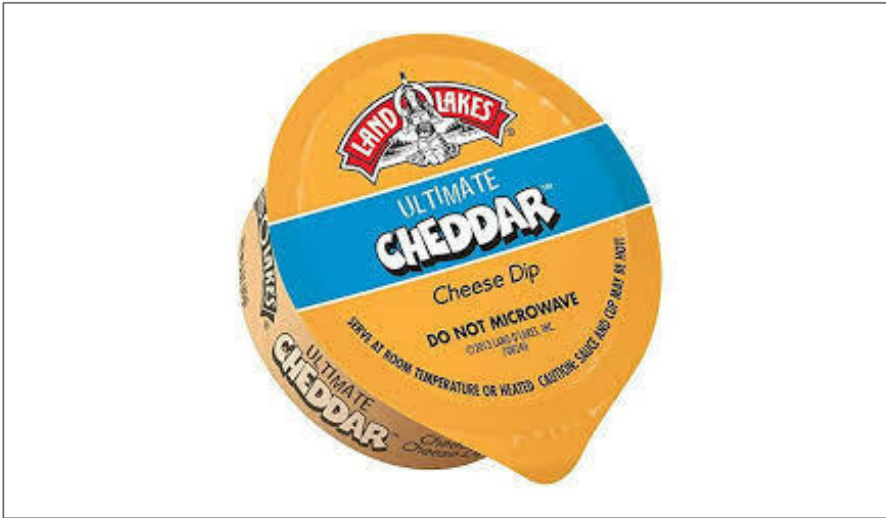




LAND O LAKES

056012 - Cheese Cheddar Cup Rs

Land O Lakes Ultimate Cheddar Cheese Dip Cup is a shelf stable, kid pleasing protein available in a convenient cup. Perfect on the side or on the go. 140/3 oz cups. Meal Contribution Credit per serving: 1 M/MA.



Nutrition Facts

1 Servings Per Container

Serving size **3oz (85g)**

Amount per serving
Calories 180

	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 6 g	30%
Trans Fat 0 g	
Cholesterol 30 mg	10%
Sodium 390 mg	17%
Total Carbohydrate 13 g	5%
Dietary Fiber 0 g	0%
Total Sugars 10 g	
Includes 0 g Added Sugar	0%
Protein 10 g	
Vitamin D 0 mcg	0%
Calcium 334 mg	26%
Iron 0 mg	0%
Potassium 1829 mg	39%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Grab and go for easy serving
Great for emergency feeding
Shelf stable for convenient storage
1 M/MA

Ingredients

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Whey, Skim Milk, Reduced Fat Cheddar Cheese (Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes), Potassium and Sodium Phosphates, Maltodextrin, Contains Less than 2% of: Glucono-Delta-Lactone, Natural Flavors, Carrageenan, Lactic Acid, Mono and Diglycerides, Sorbic Acid (Preservative), Salt, apo-Carotenal (color).

⚠ Allergens

Contains:



Handling Suggestions

Dry/Ambient (34 to 95)

Serving Suggestions

Serve with chips, breads and vegetables for lunch or afterschool snack. Self-serve bars. Field Trips. Emergency and summer feeding.

Prep & Cooking Suggestions

Ready to eat at room temperature. See package for detailed preparation. If heated, product temperature should not exceed 140F. Heat in a convection oven set at 200F for 12-15 minutes or heat in a conventional oven set at 200F for 22-25 minutes. Do not microwave. Warming unit not recommended for heating. Always use caution to avoid burns when handling and eating warmed cheese sauce.

📄 Product Specifications

Brand	Manufacturer
LAND O LAKES	Land O'Lakes

MFG #	SPC #	GTIN	Pack	Pack Desc.
39911000034500	056012	10034500399118	140	140 / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
28.25 lb	26.25 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
21.25 in	15.25 in	6.25 in	1.17 ft3	5x5	180 DAYS	34 °F / 95 °F



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Nutrition Analysis - By Serving

Calories	180	Total Fat	10 g	Sodium	390 mg
Protein	10	Trans Fats	0 g	Calcium	334 mg
Total Carbohydrates...	13 g	Saturated Fat	6 g	Iron	0 mg
Sugars	10 g	Added Sugars	0 g	Potassium	1829 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30 mg		
Vitamin A(IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

