

G MILLS

057002 - Cereal Assorted Goodness Cup Gf S/O



Variety pack of General Mills cereals in a convenient single serve portion for the on-the-go patron: 12 gluten-free Cheerios(TM), 14 gluten-free Honey Nut Cheerios(TM), 8 gluten-free Rice Chex(TM), 6 gluten-free Cinnamon Chex(TM), 8 Nature Valley(TM) low fat granola fruit medley, 6 Total(TM) whole grain, and 6 gluten-free Multigrain Cheerios(TM) cereals



* Benefits

Ingredients	Allergens
SEE INDIVIDUAL FLAVORS	Contains:

Nutrition Facts

Servings per Container 60 Serving size 1container(110g)

Amount per serving Calories

450

% Dail	y Value*
Total Fat 8g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 85g	31%
Dietary Fiber 6g	21%
Total Sugars 37g	
Includes 29g Added Sugar	58%
Protein 8g	-
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 2.9mg	16%
Potassium 300mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in cool dry location

Serving Suggestions

One Cup

Prep & Cooking Suggestions

Ready to Eat

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	G MILLS GENERAL MILLS, INC.	

MFG #	G# SPC# GTIN		Pack	Pack Desc.
31154000	057002	10016000311548	60	60/2.02 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	7.58lb	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
16.5in	12.25in	18in	2.11ft3	9x5	252DAYS	40°F / 111°F	





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Nutrition Analysis - By Serving

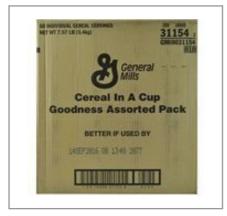
Calories 450		Total Fat	8g	Sodium	180mg
Protein	8	Trans Fats	0g	Calcium	50mg
Total Carbohydrates	85g	Saturated Fat	1g	Iron	2.9mg
Sugars	37g	Added Sugars	29g	Potassium	300mg
Dietary Fiber	Dietary Fiber 6g		2g	Zinc	
Lactose		Monounsaturated Fat	4.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	Vitamin C			Riboflavin	
Magnesium	Magnesium Vita			Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images











Nutrition Facts Serving size: 1 container (110g), Amount per serving: Calories 450, Total Fat 8g (11% DV), Saturated Fat 1g (6% DV), Trans Fat 0g, Polyunsaturated Fat 2g, Monounsaturated Fat 4.5g, Cholesterol ong (6% DV), Sodium 180mg (6% DV), Total Carbs (50), 100 (10% DV), Potal Fat (10% DV), Potal Sugars 37g (Incl. 29g Added Sugars, 59% DV), Protein 8g, Viramin D (0% DV), Calcium (4% DV), Iron (10% DV), Potassium (6% DV), % DV = % Daily Value

