



POST

# 057414 - Cereal Frosted Shredded Wheat Wg Low Sug



Grilled. Sealed. Ready when you are. Now it's easier than ever to serve up the juicy, delicious flavor of CHEF'S CRAFT Gourmet Chicken Products. It all starts with flavor but it doesn't stop there. Our products are vacuum sealed to lock in all the great taste that will keep consumers coming back. Whether it's at the center of the plate or complementing the main attraction, our savory, perfectly seared chicken is ready to be chef-customized for any menu application.



## Nutrition Facts

Servings per Container 36  
Serving size 112g

Amount per serving  
**Calories 130**

	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 410mg	<b>18%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0.79g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 27g	

Vitamin D	<b>%</b>
Calcium 29.71mg	<b>2%</b>
Iron 0.76mg	<b>4%</b>
Potassium 310mg	<b>7%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

CHICKEN BREAST WITH RIB MEAT, CHICKEN BROTH, LESS THAN TWO PERCENT OF THE FOLLOWING: SEASONING (RICE STARCH, MOLASSES POWDER [CANE SUGAR, CANE MOLASSES], CORN STARCH, SALT, NATURAL FLAVORING), SEA SALT, CULTURED CELERY POWDER, CHERRY POWDER, ORGANIC CANE SUGAR, NATURAL FLAVORING, SEASONING (YEAST EXTRACT, CITRUS EXTRACT), BLACK PEPPER.

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep refrigerated until ready to heat and serve. Fully cooked.

### Serving Suggestions

Best served as healthy entree with side of broccoli and steamed rice, or on a bun with a side of roasted potatoes and asparagus.

### Prep & Cooking Suggestions

Remove from pouch and reheat to >140F covered in microwave.

### Product Specifications

Brand	Manufacturer	Product Category
POST	POST FOODSERVICE	Chicken, Further Processed or Prepared

MFG #	SPC #	GTIN	Pack	Pack Desc.
27177	057414	10038483241075	36	96/10Z

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.67lb	6lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56in	13in	14.38in	1.79ft3	9x3	365DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	130	Total Fat	1g	Sodium	410mg
Protein	27	Trans Fats	0g	Calcium	29.71mg
Total Carbohydrates...	2g	Saturated Fat	0.5g	Iron	0.76mg
Sugars	0.79g	Added Sugars		Potassium	310mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(U)	2.21	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	64.98mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

