



MALT-O-MEAL

057674 - Cereal Corn Flakes Bowlpak Low Sugar

Whole Gain goodness



Nutrition Facts

Servings per Container 96
Serving size .75cup (1oz)

Amount per serving
Calories 80

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 210mg | 9% |
| Total Carbohydrate 18g | 7% |
| Dietary Fiber 0.5g | 2% |
| Total Sugars 2g | |
| Includes 0g Added Sugar | 0% |
| Protein 2g | |
| Vitamin D | 6% |
| Calcium 0mg | 0% |
| Iron 6.3mg | 35% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Milled corn, sugar, salt, malt extract, corn syrup, vitamin C (sodium ascorbate), reduced iron, zinc (zinc oxide), niacin (niacinamide), vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin D, vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), folic acid, vitamin B12, wheat starch. BHT to preserve freshness

⚠ Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish milk
 peanuts sesame tree nuts

Handling Suggestions

Dry

Serving Suggestions

serve with fruit and/or milk

Prep & Cooking Suggestions

Add milk

Product Specifications

| Brand | Manufacturer | Product Category |
|-------------|------------------|------------------|
| MALT-O-MEAL | POST FOODSERVICE | Cold Cereal |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 00615 | 057674 | 10042400006159 | 96 | 96/.75OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 7.17lb | 7.17lb | USA | Yes | No |

| Shipping Information | | | | | | |
|----------------------|-------|---------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 16.56in | 13in | 14.37in | 1.79ft3 | 9x3 | 365DAYS | 40°F / 111°F |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|------|---------------------|-----|---------------|-------|
| Calories | 80 | Total Fat | 0g | Sodium | 210mg |
| Protein | 2 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates... | 18g | Saturated Fat | 0g | Iron | 6.3mg |
| Sugars | 2g | Added Sugars | 0g | Potassium | 0mg |
| Dietary Fiber | 0.5g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

