



MALT-O-MEAL

057674 - Cereal Corn Flakes Bowlpak Low Sugar

Whole Gain goodness



Nutrition Facts

Servings per Container	96
Serving size	.75cup (1oz)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 18g	7%
Dietary Fiber 0.5g	2%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D	6%
Calcium 0mg	0%
Iron 6.3mg	35%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

<h4>Ingredients</h4> <p>Milled corn, sugar, salt, malt extract, corn syrup, vitamin C (sodium ascorbate), reduced iron, zinc (zinc oxide), niacin (niacinamide), vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin D, vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), folic acid, vitamin B12, wheat starch. BHT to preserve freshness</p>	<h4>⚠ Allergens</h4> <p>Contains:</p> <p> soy wheat</p> <p>Free From:</p> <p> crustaceans eggs fish milk</p> <p> peanuts sesame tree nuts</p>
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<h4>Handling Suggestions</h4> <p>Dry</p>	<h4>📄 Product Specifications</h4> <table border="1" style="width: 100%;"> <tr> <th>Brand</th> <th>Manufacturer</th> <th>Product Category</th> </tr> <tr> <td>MALT-O-MEAL</td> <td>POST FOODSERVICE</td> <td>Cereal</td> </tr> </table>	Brand	Manufacturer	Product Category	MALT-O-MEAL	POST FOODSERVICE	Cereal								
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Nutrition Analysis - By Serving

Calories	80	Total Fat	0g	Sodium	210mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	18g	Saturated Fat	0g	Iron	6.3mg
Sugars	2g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0.5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

