



MALT-O-MEAL

057674 - Cereal Corn Flakes Bowlpak Low Sugar

Whole Gain goodness



# Nutrition Facts

Servings per Container 96  
Serving size .75cup (1oz)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 0.5g	<b>2%</b>
Total Sugars 2g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D	<b>6%</b>
Calcium 0mg	<b>0%</b>
Iron 6.3mg	<b>35%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

### Ingredients

Milled corn, sugar, salt, malt extract, corn syrup, vitamin C (sodium ascorbate), reduced iron, zinc (zinc oxide), niacin (niacinamide), vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin D, vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), folic acid, vitamin B12, wheat starch. BHT to preserve freshness

### Allergens

#### Contains:

soy wheat

#### Free From:

crustaceans eggs fish milk  
 peanuts sesame tree nuts

## Handling Suggestions

Dry

## Serving Suggestions

serve with fruit and/or milk

## Prep & Cooking Suggestions

Add milk

## Product Specifications

Brand	Manufacturer	Product Category
MALT-O-MEAL	POST FOODSERVICE	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
00615	057674	10042400006159	96	96/.75OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.17lb	7.17lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56in	13in	14.37in	1.79ft3	9x3	365DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	80	Total Fat	0g	Sodium	210mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	18g	Saturated Fat	0g	Iron	6.3mg
Sugars	2g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0.5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

