



G MILLS

057740 - Cereal Wheat Chex Bulk S/O

Easy to display and serve all day as a low-cost meal option. Recommended for colleges and universities and lodging settings.



Nutrition Facts

Servings per Container 67
Serving size 1cup(59g)

Amount per serving
Calories 210

% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 51g	19%
Dietary Fiber 8g	29%
Total Sugars 6g	
Includes 6g Added Sugar	12%
Protein 6g	
Vitamin D 2mcg	10%
Calcium 130mg	10%
Iron 18mg	100%
Potassium 190mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Whole Grain Wheat, Sugar, Salt, Molasses, Baking Soda. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. CONTAINS WHEAT INGREDIENTS.

Allergens

Contains:



Handling Suggestions

Keep in a dry cool place.

Serving Suggestions

Great for breakfast

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
27549000	057740	10016000275499	10	10/14 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.1lb	11.1lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.31in	12in	9.81in	0.91ft3	12x5	372DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	210	Total Fat	1g	Sodium	340mg
Protein	6	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	51g	Saturated Fat	0g	Iron	18mg
Sugars	6g	Added Sugars	6g	Potassium	190mg
Dietary Fiber	8g	Polyunsaturated Fat	0.5g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

