



G MILLS

057741 - Cereal Rice Chex Gf Wg Bowlpak

A whole grain rice, gluten-free cereal in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 0.5 ounce equivalent grain and CACFP eligible.



Nutrition Facts

Servings per Container 96
Serving size 1bowl(19g)

Amount per serving
Calories 70

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 1g	
Vitamin D 1mcg	5%
Calcium 60mg	5%
Iron 5.8mg	32%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Whole Grain Rice, Rice, Sugar, Salt, Molasses. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

1 bowl

Prep & Cooking Suggestions

READY TO EAT

📄 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
47595000	057741	10016000475950	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.75lb	6lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	13in	14in	1.69ft3	9x2	372DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	70	Total Fat	0g	Sodium	160mg
Protein	1	Trans Fats	0g	Calcium	60mg
Total Carbohydrates...	16g	Saturated Fat	0g	Iron	5.8mg
Sugars	2g	Added Sugars	2g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	1
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	40	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4mg	Folate	40mg	Riboflavin	0.06mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

