

G MILLS 057743 - Cereal Chex Cinnamon Gf Wg Bowlpak

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.



ST more static without C	Nutrition Fa	Nutrition Facts				
Sensend for Card and Ref	Servings per Container Serving size 1bo					
Serving size t bowing (289) Calories 1200 extrarting 1200 per serving 1200 December 200 Polymasturated Fat 1.590 Cholesteral Origination (1970) Cholesteral Origination (1970) Choles	1% Total Carb. 230 B% Dietary Fiber 1 B% Total Supara 69 B% Incl. 6 Added Sugara 69 B% O% Protein 19 T1% O% Protein 19 T1% Added Sugara 64 B% Rec. 19 B% B	Amount per serving Calories	120			
Provide Proceedings Vana B & Hours monotonia, Vana A aptraces, Not of an anti-section of a section of a sect	randm 6, ucocovin, 4 e Vitamin 10 iciació, Vitamin 8,, Vitamin 0, curtan veze WE ENTREFACKABE. CALL 1-880-787-5404. © Gisnaral Mate tiona el Ala Consultátican 3524508106 E SERVING		ily Value*			
	NET WT 1 OZ (28g)	Total Fat 2.5g	3%			
		Saturated Fat 0g	0%			
		Trans Fat 0g				
		Cholesterol Omg	0%			
★ Benefits		Sodium 170mg	7%			
		Total Carbohydrate 23g	8%			
		Dietary Fiber 1g	4%			
		Total Sugars 6g				
		Includes 6g Added Sugar	12%			
Ingredients	Allergens	Protein 1g				
	_	Vitamin D 1.2mcg	6%			
Ingredients: Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon,		Calcium 90mg	7%			
Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.		Iron 7.6mg	42%			
Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C		Potassium 0mg	0%			
(sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.				

Product Specifications

Keep in a dry cool place	Brand Manufacturer				Product Category			
	G N	G MILLS GENERAL MILLS, INC.			NC.	Cereal		
Serving Suggestions	MFG	#	SPC #		GTIN		Pack	Pack Desc.
One Bowlpak	38387	38387000 057743 10016000383873		83873	96	96/1 OZ		
	Gross V	/eight	Net Wei	ght Co	untry of	Origin	Kosher	Child Nutrition
Prep & Cooking Suggestions	10.3	lb	6lb		USA		Yes	No
Ready to Eat				Shipp	ing Infor	mation		
	Length	Width	Height	Volume	TIxHI	Shelf Lif	e Stora	ge Temp From/To
	16.87in	13in	14in	1.78ft3	9x7	312DAY	S	40°F / 111°F



Handling Suggestions



G MILLS 057743 - Cereal Chex Cinnamon Gf Wg Bowlpak



A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.

Nutrition Analysis - By Serving

Calories	120	Total Fat	2.5g	Sodium	170mg
Protein	1	Trans Fats	Og	Calcium	90mg
Total Carbohydrates…	23g	Saturated Fat	Og	Iron	7.6mg
Sugars	6g	Added Sugars	6g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0.5g	Zinc	1.1
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	50	Vitamin D	1.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	5mg	Folate	40mg	Riboflavin	0.09mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



