

## **G MILLS** 057743 - Cereal Chex Cinnamon Gf Wg Bowlpak

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.



| ST more static without C   | <b>Nutrition Fa</b>  | <b>Nutrition Facts</b>   |            |  |  |  |
|--|--|--|------------|--|--|--|
| Sensend for Card and Ref  | Servings per Container<br>Serving size 1bo   |  |            |  |  |  |
| Serving size<br>t bowing (289)<br>Calories 1200<br>extrarting 1200<br>per serving 1200<br>December 200<br>Polymasturated Fat 1.590<br>Cholesteral Origination (1970)<br>Cholesteral Origination (1970)<br>Choles | 1% Total Carb. 230 B%<br>Dietary Fiber 1 B%<br>Total Supara 69 B%<br>Incl. 6 Added Sugara 69 B%<br>O% Protein 19 T1%<br>O% Protein 19 T1%<br>Added Sugara 64 B%<br>Rec. 19 B% B%<br>B% B% B%<br>B% B%<br>B% B%<br>B% B%<br>B% B%<br>B% B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B%<br>B | Amount per serving<br>Calories   | 120        |  |  |  |
| Provide Proceedings Vana B & Hours monotonia, Vana A aptraces,<br>Not of an anti-section of a section of a sect   | randm 6, ucocovin, 4 e Vitamin 10 iciació, Vitamin 8,, Vitamin 0,<br>curtan veze<br>WE ENTREFACKABE. CALL 1-880-787-5404. © Gisnaral Mate<br>tiona el Ala Consultátican 3524508106<br>E SERVING  |  | ily Value* |  |  |  |
|  | NET WT 1 OZ (28g)  | Total Fat 2.5g   | 3%         |  |  |  |
|  |  | Saturated Fat 0g   | 0%         |  |  |  |
|  |  | Trans Fat 0g   |            |  |  |  |
|  |  | Cholesterol Omg  | 0%         |  |  |  |
| <b>★</b> Benefits  |  | Sodium 170mg   | 7%         |  |  |  |
|  |  | Total Carbohydrate 23g   | 8%         |  |  |  |
|  |  | Dietary Fiber 1g   | 4%         |  |  |  |
|  |  | Total Sugars 6g  |            |  |  |  |
|  |  | Includes 6g Added Sugar  | 12%        |  |  |  |
| Ingredients  | Allergens  | Protein 1g   |            |  |  |  |
|  | _  | Vitamin D 1.2mcg   | 6%         |  |  |  |
| Ingredients: Whole Grain Rice, Rice, Sugar,<br>Canola Oil, Salt, Rice Fiber, Cinnamon,   |  | Calcium 90mg   | 7%         |  |  |  |
| Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.   |  | Iron 7.6mg   | 42%        |  |  |  |
| Vitamins and Minerals: Calcium Carbonate,<br>Iron and Zinc (mineral nutrients), Vitamin C  |  | Potassium 0mg  | 0%         |  |  |  |
| (sodium ascorbate), A B Vitamin<br>(niacinamide), Vitamin B6 (pyridoxine<br>hydrochloride), Vitamin B1 (thiamin<br>mononitrate), Vitamin A (palmitate),<br>Vitamin B2 (riboflavin), A B Vitamin (folic<br>acid), Vitamin B12, Vitamin D3.  |  | * The % Daily Value (DV) tells you how much<br>a serving of food contributes to a daily diet.<br>a day is used for general nutrition advice. |            |  |  |  |

## Product Specifications

| Keep in a dry cool place   | Brand Manufacturer |                                |         |         | Product Category |           |         |                 |
|----------------------------|--------------------|--------------------------------|---------|---------|------------------|-----------|---------|-----------------|
|                            | G N                | G MILLS GENERAL MILLS, INC.    |         |         | NC.              | Cereal    |         |                 |
| Serving Suggestions        | MFG                | #                              | SPC #   |         | GTIN             |           | Pack    | Pack Desc.      |
| One Bowlpak                | 38387              | 38387000 057743 10016000383873 |         | 83873   | 96               | 96/1 OZ   |         |                 |
|                            | Gross V            | /eight                         | Net Wei | ght Co  | untry of         | Origin    | Kosher  | Child Nutrition |
| Prep & Cooking Suggestions | 10.3               | lb                             | 6lb     |         | USA              |           | Yes     | No              |
| Ready to Eat               |                    |                                |         | Shipp   | ing Infor        | mation    |         |                 |
|                            | Length             | Width                          | Height  | Volume  | TIxHI            | Shelf Lif | e Stora | ge Temp From/To |
|                            | 16.87in            | 13in                           | 14in    | 1.78ft3 | 9x7              | 312DAY    | S       | 40°F / 111°F    |
|                            |                    |                                |         |         |                  |           |         |                 |



Handling Suggestions



## G MILLS 057743 - Cereal Chex Cinnamon Gf Wg Bowlpak



A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.

Nutrition Analysis - By Serving

| Calories             | 120 | Total Fat           | 2.5g   | Sodium         | 170mg  |
|----------------------|-----|---------------------|--------|----------------|--------|
| Protein              | 1   | Trans Fats          | Og     | Calcium        | 90mg   |
| Total Carbohydrates… | 23g | Saturated Fat       | Og     | Iron           | 7.6mg  |
| Sugars               | 6g  | Added Sugars        | 6g     | Potassium      | 0mg    |
| Dietary Fiber        | 1g  | Polyunsaturated Fat | 0.5g   | Zinc           | 1.1    |
| Lactose              |     | Monounsaturated Fat | 1.5g   | Phosphorus     |        |
| Sucrose              |     | Cholesterol         | 0mg    |                |        |
| Vitamin A(IU)•       | 50  | Vitamin D           | 1.2mcg | Thiamin        |        |
| Vitamin A(RE)        |     | Vitamin E           |        | Niacin         |        |
| Vitamin C            | 5mg | Folate              | 40mg   | Riboflavin     | 0.09mg |
| Magnesium            |     | Vitamin B-6         |        | Vitamin B-1 2• |        |
| Monosodium           |     | Sulphites           |        | Nitrates       |        |

## Additional Images



