



G MILLS

057743 - Cereal Chex Cinnamon Gf Wg Bowlpak

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.



Nutrition Facts

Servings per Container 96  
Serving size 1bowl(28g)

Amount per serving  
Calories 120

		% Daily Value*
Total Fat	2.5g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Total Carbohydrate	23g	8%
Dietary Fiber	1g	4%
Total Sugars	6g	
Includes 6g Added Sugar		12%
Protein	1g	
Vitamin D	1.2mcg	6%
Calcium	90mg	7%
Iron	7.6mg	42%
Potassium	0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ingredients

Ingredients: Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to Eat

✍ Product Specifications

Brand		Manufacturer		Product Category		
G MILLS		GENERAL MILLS, INC.		Cereal		
MFG #	SPC #	GTIN		Pack	Pack Desc.	
38387000	057743	10016000383873		96	96/1 OZ	
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
10.3lb		6lb	USA		Yes	No
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.87in	13in	14in	1.78ft3	9x7	312DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	2.5g	Sodium	170mg
Protein	1	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	23g	Saturated Fat	0g	Iron	7.6mg
Sugars	6g	Added Sugars	6g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0.5g	Zinc	1.1
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	50	Vitamin D	1.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	5mg	Folate	40mg	Riboflavin	0.09mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

