



G MILLS

057747 - Cereal Corn Chex Gf Bowlpak Wg S/O

A whole grain corn, gluten-free cereal oven toasted and in a single serve 1 oz bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and CACFP eligible.



Nutrition Facts

| | |
|-------------------------------|-------------------|
| Servings per Container | 96 |
| Serving size | 1bowl(28g) |
| Amount per serving | |
| Calories | 100 |
| % Daily Value* | |
| Total Fat 0.5g | 1% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 200mg | 9% |
| Total Carbohydrate 24g | 9% |
| Dietary Fiber 1g | 4% |
| Total Sugars 3g | |
| Includes 3g Added Sugar | 6% |
| Protein 2g | |
| Vitamin D 1.2mcg | 6% |
| Calcium 80mg | 6% |
| Iron 9mg | 50% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

| Ingredients | ⚠ Allergens |
|--|-------------|
| <p>Ingredients: Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Salt, Baking Soda, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.</p> | |

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

1 bowl

Prep & Cooking Suggestions

READY TO EAT

Product Specifications

| Brand | Manufacturer | Product Category |
|---------|---------------------|------------------|
| G MILLS | GENERAL MILLS, INC. | Prepared Entrees |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|----------|--------|----------------|------|------------|
| 33213000 | 057747 | 10016000332130 | 96 | 96/1 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 8.8lb | 6lb | USA | Yes | No |

| Shipping Information | | | | | | |
|----------------------|-------|---------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 16.75in | 13in | 18.62in | 2.35ft3 | 1x1 | 372DAYS | 40°F / 111°F |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|--------|--------------|-------|
| Calories | 100 | Total Fat | 0.5g | Sodium | 200mg |
| Protein | 2 | Trans Fats | 0g | Calcium | 80mg |
| Total Carbohydrates... | 24g | Saturated Fat | 0g | Iron | 9mg |
| Sugars | 3g | Added Sugars | 3g | Potassium | 0mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | 0g | Zinc | 1.9 |
| Lactose | | Monounsaturated Fat | 0g | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU) | 90 | Vitamin D | 1.2mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 8mg | Folate | 65mg | Riboflavin | 0.1mg |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

