G MILLS

057760 - Cereal Cinnamon Toast Crunch Bowlpak

A crisp, whole wheat and whole grain rice cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Benefits

Ingredients

WHOLE GRAIN WHEAT, SUGAR, RICE FLOUR, CANOLA OIL, FRUCTOSE, MALTODEXTRIN, DEXTROSE, SALT, CINNAMON, TRISODIUM PHOSPHATE, SOY LECITHIN, CARAMEL COLOR. BHT ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN C (SODIUM ASCORBATE), IRON AND ZINC (MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), VITAMIN B2 (RIBOFLAVIN), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.CONTAINS SOY AND WHEAT INGREDIENTS.

Allergens

Contains:

soy, wheat

Nutrition Facts

Servings per Container	**96**
Serving size	**1bowl(28g)**
Amount per serving	
Calories	**120**
	% Daily Value*
Total Fat 3g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 160mg	**7%**
Total Carbohydrate 22g	**8%**
Dietary Fiber 1g	**4%**
Total Sugars 8g	
Includes 8g Added Sugar	**16%**
Protein 1g	
Vitamin D 1.4mcg	**7%**
Calcium 90mg	**7%**
Iron 2.4mg	**13%**
Potassium 0mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in a Cool, Dry Place.

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to Eat

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
11815000	057760	10016000118154	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
18.8lb	9.4lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.75in	13in	14.12in	1.78ft3	9x2	360DAYS	40°F / 111°F

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Nutrition Analysis - By Serving

Calories	120	Total Fat	3g	Sodium	160mg
Protein	1	Trans Fats	0g	Calcium	90mg
Total Carbohydrates•••	22g	Saturated Fat	0g	Iron	2.4mg
Sugars	8g	Added Sugars	8g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0.5g	Zinc	1.5
Lactose		Monounsaturated Fat	1.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	60	Vitamin D	1.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	6mg	Folate	55mg	Riboflavin	0.06mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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