



G MILLS

057762 - Cereal Blueberry Chex Bowlpak Wg 2 Oz

The great fruit flavor of blueberry can be enjoyed in gluten-free Blueberry Chex! Dusted with sweet blueberry flavor, this ready-to-eat cereal cup is great for breakfast, lunch, and supper: in the classroom, on-the-go or in the cafeteria. Whole grain rice first ingredient. Meets 2 ounce equivalent grains, Gluten-Free and is CACFP eligible



Nutrition Facts

Servings per Container 60
Serving size 1 container (56g)

Amount per serving
Calories 240

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 46g	17%
Dietary Fiber 1g	4%
Total Sugars 12g	
Includes 12g Added Sugar	24%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 130mg	10%
Iron 16mg	89%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Cup has room for milk no dishes required
No artificial flavors or colors.
Great for breakfast in the classroom, or as a grab n go item.
This top selling flavor meets the specific needs of your K-12 foodservice program. One product that meets 2 grains means only one product for inventory and storage.
For USDA Child Nutrition Programs: meets 2 ounce equivalent grains, Gluten-Free, and is CACFP eligible.
Ready to eat dry cereal in a convenient, portable cup

Ingredients

Ingredients: Whole Grain Rice, Rice, Sugar, Canola Oil, Blueberry Powder, Salt, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

1 container

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
17262000	057762	10016000172620	60	60/2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	7.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	12.25in	18in	2.11ft3	9x2	312DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	240	Total Fat	5g	Sodium	350mg
Protein	3	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	46g	Saturated Fat	0.5g	Iron	16mg
Sugars	12g	Added Sugars	12g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	1g	Zinc	2.75
Lactose		Monounsaturated Fat	3g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	90	Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	9mg	Folate	100mg	Riboflavin	0.5mg
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

