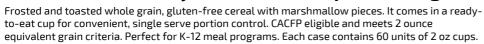


G MILLS 057771 - Cereal Lucky Charms Gf Bowlpak Red Sugar





	Nutrition FactsServings per Container60Serving size1 container (56g)				
Z5% LESS EVELLENT SURCE OF VITANIN D	CKU?	Amount per serving Calories	210		
FROSTED TOASTED CEREAL OWS		% Daily Value*			
		Total Fat 2.5g	3%		
		Saturated Fat 0.5g	3%		
Magaz	Trans Fat 0g				
		Cholesterol 0mg	0%		
≭ Benefits		Sodium 440mg	19%		
Delicious Lucky Charms cereal with 25% less sugar (25% Less Sugar than Original Lucky Charms. Sugar content has been reduced from 19g to 12g per serving), ready to enjoy anytime, anywhere. Convenient single-serve cup to keep the freshness and quality intact. Each cereal cup is 2 oz and perfectly portioned for individual serving. Frosted and toasted gluten-free whole grain-rich cereal with tasty marshmallow pieces. 25% less sugar than Original Lucky Charms, gluten-free and whole grain-rich. Meets 2-ounce equivalent grain, USDA Child Nutrition and CACFP eligibility.		Total Carbohydrate 45g	16%		
		Dietary Fiber 5g	18%		
		Total Sugars 12g			
		Includes 12g Added Sugar	24%		
Ingredients	Allergens	Protein 5g			
		Vitamin D 6.2mcg	31%		
Whole Grain Oats, Sugar, Whole Grain Corn, Corn Starch, Corn Syrup, Contains 2% or less		Calcium 200mg	15%		
of: Dextrose, Modified Corn Starch, Salt, Trisodium Phosphate, Gelatin, Red 40, Yellow		Iron 5.6mg	31%		
5& 6, Blue 1, Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to		Potassium 150mg	3%		
Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin Bo (pyridoxine hydrochloride), Vitamin B, (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.			

Product Specifications

5 55								
Keep in a cool, dry place	Brand G MILLS			Manufacturer GENERAL MILLS, INC.				
Serving Suggestions	MFC	5 #	SPC #		GTIN		Pack	Pack Desc.
ready to enjoy anytime, anywhere	22489	0000	057771	1	10016000224893		60	60/2 OZ
	Gross \	Veight	Net Wei	ght C	Country of	Origin	Kosher	Child Nutrition
Prep & Cooking Suggestions	11lb 7.5lb			USA			No	
Ready to eat	Shipping Information							
	Length	Width	Height	Volum	e TIxHI	Shelf Life	e Storag	ge Temp From/To
	16.5in	12.3in	23in	2.7ft3	9x5	312DAYS	5 4	40°F / 111°F



Handling Suggestions



G MILLS 057771 - Cereal Lucky Charms Gf Bowlpak Red Sugar



Frosted and toasted whole grain, gluten-free cereal with marshmallow pieces. It comes in a readyto-eat cup for convenient, single serve portion control. CACFP eligible and meets 2 ounce equivalent grain criteria. Perfect for K-12 meal programs. Each case contains 60 units of 2 oz cups.

Nutrition Analysis - By Serving

Calories	210	Total Fat	2.5g	Sodium	440mg
Protein	5	Trans Fats	Og	Calcium	200mg
Total Carbohydrates…	45g	Saturated Fat	0.5g	Iron	5.6mg
Sugars	12g	Added Sugars	12g	Potassium	150mg
Dietary Fiber	5g	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	6.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

