



MALT-O-MEAL

057887 - Cereal Marshmallow Matey Bowlpak Wg Ls

12 Essential Vitamins & Minerals



# Nutrition Facts

Servings per Container 1  
Serving size 1 bowl (28g)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 270mg	<b>12%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 6g	
Includes 6g Added Sugar	<b>12%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 130mg	<b>10%</b>
Iron 4.5mg	<b>25%</b>
Potassium 70mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

### Ingredients

Ingredients: Whole Grain Oat Flour, Sugar, Wheat Starch, Salt, Modified Cornstarch, Corn Syrup, Dextrose, Gelatin, Trisodium Phosphate, Artificial Flavor, Yellow 5, Red 40, Blue 1, Yellow 6.  
Vitamins & Minerals: Calcium Carbonate, Sodium Ascorbate (Vitamin C), Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Vitamin A Palmitate, Thiamin Mononitrate (Vitamin B1), Vitamin B12, Vitamin D3  
Contains Wheat

### Allergens

#### Contains:



#### Free From:



## Handling Suggestions

Dry Storage

## Serving Suggestions

Serve with 1/2 cup skim milk

## Prep & Cooking Suggestions

Ready to eat

## Product Specifications

Brand	Manufacturer	Product Category
MALT-O-MEAL	POST FOODSERVICE	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
27596	057887	10042400275968	96	96/10Z

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.67lb	8.67lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56in	13in	18.38in	2.29ft3	9x2	0DAYS	40°F / 111°F



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### Nutrition Analysis - By Serving

Calories	110	Total Fat	1.5g	Sodium	270mg
Protein	3	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	4.5mg
Sugars	6g	Added Sugars	6g	Potassium	70mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

