



MALT-O-MEAL

057887 - Cereal Marshmallow Matey Bowlpak Wg Ls

12 Essential Vitamins & Minerals



Nutrition Facts

1 Servings Per Container

Serving size 1bowl (28g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 270 mg	12%
Total Carbohydrate 22 g	8%
Dietary Fiber 2 g	7%
Total Sugars 6 g	
Includes 6 g Added Sugar	12%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 130 mg	10%
Iron 4.5 mg	25%
Potassium 70 mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Ingredients: Whole Grain Oat Flour, Sugar, Wheat Starch, Salt, Modified Cornstarch, Corn Syrup, Dextrose, Gelatin, Trisodium Phosphate, Artificial Flavor, Yellow 5, Red 40, Blue 1, Yellow 6.
 Vitamins & Minerals: Calcium Carbonate, Sodium Ascorbate (Vitamin C), Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Vitamin A Palmitate, Thiamin Monotrate (Vitamin B1), Vitamin B12, Vitamin D3
 Contains Wheat

⚠ Allergens

Contains:

wheat

Free From:

crustaceans shellfish eggs fish
 milk peanuts soy tree nuts

Handling Suggestions

Dry Storage

Serving Suggestions

Serve with 1/2 cup skim milk

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer
MALT-O-MEAL	Post Consumer Brands

MFG #	SPC #	GTIN	Pack	Pack Desc.
27596	057887	10042400275968	96	96 / 1.0 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.87 lb	6 lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56 in	13 in	18.38 in	2.29 ft3	9x2	365 DAYS	32 °F / 100 °F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	1.5 g	Sodium	270 mg
Protein	3	Trans Fats	0 g	Calcium	130 mg
Total Carbohydrates...	22 g	Saturated Fat	0 g	Iron	4.5 mg
Sugars	6 g	Added Sugars	6 g	Potassium	70 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

