



MALT-O-MEAL

057903 - Cereal Frosted Flakes Bowlpak



Nutrition Facts

Servings per Container
Serving size

Amount per serving
Calories 110

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 160mg | 7% |
| Total Carbohydrate 25g | 9% |
| Dietary Fiber 1g | 4% |
| Total Sugars 11g | |
| Includes 0g Added Sugar | 0% |
| Protein 1g | |
| Vitamin D | 10% |
| Calcium 0mg | 0% |
| Iron 4.5mg | 25% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Contains:

soy wheat

Free From:

crustaceans eggs fish milk
 peanuts sesame tree nuts

Handling Suggestions

📄 Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

| Brand | Manufacturer | Product Category |
|-------------|------------------|------------------|
| MALT-O-MEAL | POST FOODSERVICE | Cold Cereal |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 01015 | 057903 | 10042400010156 | 96 | 96/1 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 8.67lb | 8.67lb | USA | | No |

| Shipping Information | | | | | | |
|----------------------|-------|---------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 16.56in | 13in | 14.38in | 1.79ft3 | 9x3 | 0DAYS | 40°F / 111°F |



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Nutrition Analysis

| | | | | | |
|------------------------|-----|---------------------|-----|---------------|-------|
| Calories | 110 | Total Fat | 0g | Sodium | 160mg |
| Protein | 1 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates... | 25g | Saturated Fat | 0g | Iron | 4.5mg |
| Sugars | 11g | Added Sugars | 0g | Potassium | 0mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 0mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

