



MALT-O-MEAL

057921 - Cereal Frosted Flakes Bowlpak S/O



## Nutrition Facts

Servings per Container  
Serving size <sup>10ZSERVING, Varied</sup> Servings Per Container (28g)

Amount per serving

**Calories 110**

% Daily Value\*

Total Fat	9g	14%
Saturated Fat	3.5g	18%
Trans Fat	0g	
Cholesterol	30mg	10%
Sodium	490mg	21%
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes Added Sugar		%
Protein	7g	
Vitamin D		%
Calcium		%
Iron		%
Potassium		%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

**Ingredients**

Pork, beef, salt, dextrose, spices, lactic acid starter culture, sodium ascorbate, natural smoke flavor, flavoring, sodium nitrite, BHA, BHT, citric acid.

**Allergens**

**Free From:**

crustaceans eggs fish milk  
 peanuts soy tree nuts wheat

**Handling Suggestions**

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**Serving Suggestions**

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**Prep & Cooking Suggestions**

**Product Specifications**

Brand	Manufacturer	Product Category
MALT-O-MEAL	POST FOODSERVICE	Cold Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
00955	057921	10042400009556	4	48/2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.86lb	8lb	USA		No

**Shipping Information**

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
21.5in	16in	9.5in	1.89ft3	5x5	365DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	9g	Sodium	490mg
Protein	7	Trans Fats	0g	Calcium	
Total Carbohydrates...	0g	Saturated Fat	3.5g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	4.5g	Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

