GOLD MEDAL

058107 - **Mix Pancake Buttermilk**

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**252**
Serving size	**1/3cup+2Tmix(54g)makes2-41/2"pancakes**
Amount per serving	
Calories	**200**
	% Daily Value*
Total Fat 4g	**5%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 430mg	**19%**
Total Carbohydrate 37g	**13%**
Dietary Fiber 1g	**4%**
Total Sugars 7g	
Includes 5g Added Sugar	**10%**
Protein 5g	
Vitamin D 0mcg	**0%**
Calcium 30mg	**2%**
Iron 2mg	**11%**
Potassium 200mg	**4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, MODIFIED WHEY, SUGAR, SOYBEAN OIL, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), DEFATTED SOY FLOUR, PALM OIL, BUTTERMILK, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, SOY LECITHIN, POTASSIUM CHLORIDE, CITRIC ACID, ANNATTO AND TURMERIC EXTRACT COLOR. CONTAINS WHEAT, MILK, SOY AND EGG INGREDIENTS.

Allergens

Contains:

eggs milk soy wheat

Handling Suggestions

Store in cool dry location

Serving Suggestions

1/3 cup plus 2T of mix

Prep & Cooking Suggestions

Follow instruction on the package

Product Specifications

Brand	Manufacturer	Product Category
GOLD MEDAL	GENERAL MILLS, INC.	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
11827000	058107	10016000118277	6	6/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.05lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.7in	9.7in	11.8in	1.04ft3	10x4	0DAYS	40°F / 111°F

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Nutrition Analysis - By Serving

Calories	200	Total Fat	4g	Sodium	430mg
Protein	5	Trans Fats	0g	Calcium	30mg
Total Carbohydrates•••	37g	Saturated Fat	1g	Iron	2mg
Sugars	7g	Added Sugars	5g	Potassium	200mg
Dietary Fiber	1g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	1g	Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images