



**GOLD MEDAL**

# 058107 - Mix Pancake Buttermilk

Gold Medal(TM) consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with traditional, cornmeal-based flavor and appearance.



## Nutrition Facts

Servings per Container **252**  
Serving size **1/3cup+2Tmix(54g)makes2-41/2"pancakes**

Amount per serving  
**Calories 200**

	% Daily Value*
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 430mg	<b>19%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 7g	
Includes 5g Added Sugar	<b>10%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 30mg	<b>2%</b>
Iron 2mg	<b>11%</b>
Potassium 200mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Degermed Yellow Corn Meal, Dextrose, Modified Whey, Sugar, Soybean Oil, Leavening (Baking Soda, Sodium Aluminum Phosphate), Defatted Soy Flour, Palm Oil, Buttermilk, Salt, Egg Yolk with Sodium Silicoaluminate, Soy Lecithin, Potassium Chloride, Citric Acid, Annatto and Turmeric Extract Color. Contains wheat, milk, soy and egg ingredients.

### ⚠ Allergens

**Contains:**



### Handling Suggestions

Store in cool dry location

### Serving Suggestions

1/3 cup plus 2T of mix

### Prep & Cooking Suggestions

Follow instruction on the package

### 📄 Product Specifications

Brand	Manufacturer	Product Category
GOLD MEDAL	GENERAL MILLS, INC.	Equipment

MFG #	SPC #	GTIN	Pack	Pack Desc.
11827000	058107	10016000118277	6	6/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.05lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.7in	9.7in	11.8in	1.04ft3	10x4	0DAYS	40°F / 111°F



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### Nutrition Analysis - By Serving

Calories	200	Total Fat	4g	Sodium	430mg
Protein	5	Trans Fats	0g	Calcium	30mg
Total Carbohydrates***	37g	Saturated Fat	1g	Iron	2mg
Sugars	7g	Added Sugars	5g	Potassium	200mg
Dietary Fiber	1g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	1g	Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images



Nutrition Facts	
About 42 servings per container	
Serving size 1/3 cup + 2T mix (54g)	
makes 2 - 4 1/2" pancakes	
Amount per serving	
<b>Calories</b>	<b>200</b>
	% Daily Value**
<b>Total Fat</b> 4g	8%
Saturated Fat 1g	2%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 10mg	20%
<b>Sodium</b> 430mg	19%
<b>Total Carbohydrate</b> 37g	14%
Dietary Fiber 1g	2%
Total Sugars 7g	14%
Includes 5g Added Sugars	10%
<b>Protein</b> 5g	10%
Calcium 30mg	6%
Iron 2mg	40%
Potassium 200mg	4%
*Not a significant source of vitamin D.	
**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

