



G MILLS

058271 - Cereal Cheerios Honey Nut Gf Bowlpak Wg

A sweetened twist on the classic cereal, Honey Nut Cheerios is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



Nutrition Facts

Servings per Container 96  
Serving size 1bowl (28g)

Amount per serving  
**Calories 110**

% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 9g Added Sugar	18%
Protein 2g	
Vitamin D 3mcg	15%
Calcium 90mg	7%
Iron 2.7mg	15%
Potassium 110mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain. 96 - 1 oz single serve branded bowls per case  
This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab n go snack.  
Gluten free and gelatin free. Kosher. Contains no artificial flavors and no colors from artificial sources.

Ingredients

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Contains:



Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer
G MILLS	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
11918000	058271	10016000119182	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.1lb	9lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	12.9in	13.7in	1.69ft3	9x3	360DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	1.5g	Sodium	160mg
Protein	2	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	23g	Saturated Fat	0g	Iron	2.7mg
Sugars	9g	Added Sugars	9g	Potassium	110mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

