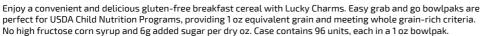


### **G MILLS**

## 058496 - Cereal Lucky Charms Gf Bowlpak Red Sugar





1bowl (28g)

% Daily Value\*

96

110

0%

0%

10%

8%

7%

12%

16%

7%

16%

0%

**Nutrition Facts** 

Servings per Container

Serving size

Total Fat 1.5g

Amount per serving **Calories** 

Saturated Fat 0g

**Total Carbohydrate 22g** 

Includes 6g Added Sugar

a day is used for general nutrition advice.

\* The % Daily Value (DV) tells you how much a nutrient in

a serving of food contributes to a daily diet. 2,000 calories

Trans Fat 0g Cholesterol 0mg

Sodium 220mg

Dietary Fiber 2g

Vitamin D 3.1mcg

Calcium 90mg

Potassium 0mg

Iron 2.8mg

Protein 3g

Total Sugars 6g



### \* Benefits

Delicious Lucky Charms cereal with 25% less sugar (25% Less Sugar than Original Lucky Charms. Sugar content has been reduced from 9g to 6g per serving), ready to enjoy anytime, anywhere.
Pre-portioned in single serve convenient bowls for portion control.
Case contains 96 units, each unit is a 1 oz bowlpak.
Gluten-free, made with whole grains (19g whole grain per serving; at least 48g recommended daily), and with marshmallow pieces.
1 oz equivalent grain; meets USDA Whole Grain-Rich criteria.
6g added sugar per oz; no high fructose corn syrup.

## Ingredients



A Allergens

Whole Grain Oats, Sugar, Whole Grain Corn, Corn Starch, Corn Syrup. Contains 2% or less of: Dextrose, Modified Corn Starch, Salt, Trisodium Phosphate, Gelatin, Red 40, Yellow 5 & 6, Blue 1, Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide),

Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

# **Product Specifications**

## Keep in a cool, dry place

Handling Suggestions

# Serving Suggestions

ready to enjoy anytime, anywhere

### Prep & Cooking Suggestions

Ready to eat

Brand	Manufacturer		
G MILLS	GENERAL MILLS, INC.		

MFG #	SPC #	GTIN	Pack	Pack Desc.
22488000	058496	10016000224886	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition	
18.8lb	9.4lb	USA		No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.75ir	13in	18.62in	2.35ft3	9x3	360DAYS	40°F / 111°F





### **G MILLS**

## 058496 - Cereal Lucky Charms Gf Bowlpak Red Sugar



Enjoy a convenient and delicious gluten-free breakfast cereal with Lucky Charms. Easy grab and go bowlpaks are perfect for USDA Child Nutrition Programs, providing 1 oz equivalent grain and meeting whole grain-rich criteria. No high fructose corn syrup and 6g added sugar per dry oz. Case contains 96 units, each in a 1 oz bowlpak.

### Nutrition Analysis - By Serving

Calories	110	Total Fat	1.5g	Sodium	220mg
Protein	3	Trans Fats	0g	Calcium	90mg
Total Carbohydrates	22g	Saturated Fat	0g	Iron	2.8mg
Sugars	6g	Added Sugars	6g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	3.1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

# Additional Images







