



G MILLS

# 058529 - Cereal Cheerios Bulk Gf Wg Cn

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in cost-effective, 29 oz bulk packaging for less waste and great labor savings. Made without gelatin. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



## Nutrition Facts

Servings per Container **84**  
Serving size **1 1/2 cup (39g)**

Amount per serving  
**Calories 140**

	% Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 29g	<b>11%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 2g	
Includes 2g Added Sugar	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D 2mcg	<b>10%</b>
Calcium 130mg	<b>10%</b>
Iron 12.6mg	<b>70%</b>
Potassium 250mg	<b>5%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

#### Ingredients

Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

#### ⚠ Allergens

### Handling Suggestions

Keep in a dry cool place

### Serving Suggestions

Bulk cereal is well suited for use in a dispenser for self service continental breakfast and in college & university foodservice. College students eat cereal around the clock as breakfast, meal replacement, snack and dessert.

### Prep & Cooking Suggestions

READY TO EAT

### 📄 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
11977000	058529	10016000119779	4	4/29 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
18.1lb	9.05lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20in	9.5in	16.62in	1.83ft3	10x3	0DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	140	Total Fat	2.5g	Sodium	190mg
Protein	5	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	29g	Saturated Fat	0.5g	Iron	12.6mg
Sugars	2g	Added Sugars	2g	Potassium	250mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	2.2
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	90	Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	9mg	Folate	80mg	Riboflavin	0.05mg
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

