

## G MILLS 058529 - Cereal Cheerios Bulk Gf Wg Cn

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in cost-effective, 29 oz bulk packaging for less waste and great labor savings. Made without gelatin. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



		Nutrition FactsServings per Container84Serving size11/2cup(39g)		
522				
		Amount per serving Calories	140	
a ay		% Daily Va		
		Total Fat 2.5g	3%	
		Saturated Fat 0.5g	3%	
		Trans Fat 0g		
		Cholesterol Omg	0%	
<b>★</b> Benefits		Sodium 190mg	8%	
-		Total Carbohydrate 29g	11%	
		Dietary Fiber 4g	14%	
		Total Sugars 2g		
		Includes 2g Added Sugar	4%	
Ingredients	Allergens	Protein 5g		
0		Vitamin D 2mcg	10%	
Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate.		Calcium 130mg	10%	
Vitamin E (mixed tocopherols) Added to Preserve Freshness.		Iron 12.6mg	70%	
Vitamins and Minerals: Calcium Carbonate,		Potassium 250mg	5%	
Iron and Zinc (mineral nutrients), Vitamin Ć (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B			* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Vitamin (folic acid), Vitamin B12, Vitamin D3.				

### Handling Suggestions

Keep in a dry cool place

### Serving Suggestions

Bulk cereal is well suited for use in a dispenser for self service continental breakfast and in college & university foodservice. College students eat cereal around the clock as breakfast, meal replacement, snack and dessert.

# Prep & Cooking Suggestions

#### READY TO EAT

	Product Specifications
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Brand N		Manufa	lanufacturer		Product Category		
G MILLS GEN		ENERAL M	ERAL MILLS, INC.		Cold Cereal		
MFG # S		SPC #		GTIN		Pack	Pack Desc.
11977	000	058529	100	160001	19779	4	4/29 OZ
Gross Weight Net Weight		ght Cou	Country of Origin		Kosher	Child Nutrition	
18.1	lb	9.05lb		USA		Yes	No
Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Li	fe Storage Temp From/To	
20in	9.5in	16.62in	1.83ft3	10x3	0DAY:	S 40°F / 111°F	





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### Nutrition Analysis - By Serving

Calories	140	Total Fat	2.5g	Sodium	190mg
Protein	5	Trans Fats	Og	Calcium	130mg
Total Carbohydrates…	29g	Saturated Fat	0.5g	Iron	12.6mg
Sugars	2g	Added Sugars	2g	Potassium	250mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	2.2
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	90	Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	9mg	Folate	80mg	Riboflavin	0.05mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

## Additional Images



