



G MILLS

# 058586 - Cereal Cheerios Honey Nut Bulk Pk Gf Wg

A sweetened twist on the classic cereal, Honey Nut Cheerios(TM) is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in cost-effective, 39 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.



## Nutrition Facts

Servings per Container 119  
Serving size 1cup(37g)

Amount per serving  
**Calories 140**

	% Daily Value*
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 30g	<b>11%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 12g	
Includes 12g Added Sugar	<b>24%</b>
<b>Protein</b> 3g	
Vitamin D 2mcg	<b>10%</b>
Calcium 130mg	<b>10%</b>
Iron 3.6mg	<b>20%</b>
Potassium 150mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain. An easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings. Contains no artificial flavors and no colors from artificial sources. Meets one ounce equivalent grain standard, whole grain-rich criteria and USDA Smart Snacks criteria. Recommended for use in lodging and college and university operations. 4 - 39 oz bulk packages of cereal per case

### Ingredients

Ingredients: Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

### ⚠ Allergens

### Handling Suggestions

Store in a cool dry location

### Serving Suggestions

One Cup

### Prep & Cooking Suggestions

Ready to eat

### 📄 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
11988000	058586	10016000119885	4	4/39 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.35lb	11.35lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20in	9.5in	16.62in	1.83ft3	10x2	0DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	140	Total Fat	2g	Sodium	210mg
Protein	3	Trans Fats	0g	Calcium	130mg
Total Carbohydrates...	30g	Saturated Fat	0g	Iron	3.6mg
Sugars	12g	Added Sugars	12g	Potassium	150mg
Dietary Fiber	3g	Polyunsaturated Fat	0.5g	Zinc	
Lactose		Monounsaturated Fat	0.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

