



G MILLS

058669 - Cereal Honey Nut Chex Gf Wg Bowlpak S/O

A whole grain corn, gluten-free cereal sweetened with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



Nutrition Facts

Servings per Container 96
Serving size 1bowl (31g)

Amount per serving
Calories 120

% Daily Value*	
Total Fat	0.5g 1%
Saturated Fat	0g 0%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	180mg 8%
Total Carbohydrate	27g 10%
Dietary Fiber	1g 4%
Total Sugars	9g
Includes 9g Added Sugar	18%
Protein	2g
Vitamin D	2.4mcg 12%
Calcium	90mg 7%
Iron	2.2mg 12%
Potassium	0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A whole grain corn, gluten-free cereal sweetened with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, portion control.
96 single serve branded bowls per case
Ready to eat bowl for convenient portion control in K-12 schools and healthcare.
Contains no artificial flavors and no colors from artificial sources.
For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich, and USDA Smart Snacks compliant.

Ingredients

Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Honey, Salt, Molasses, Canola and/or Sunflower Oil, Baking Soda, Natural Flavor, Natural Almond Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Contains:



Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

1 bowl

Prep & Cooking Suggestions

Ready to eat

📋 Product Specifications

Brand	Manufacturer
G MILLS	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
11866000	058669	10016000118666	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.6lb	9.8lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	13in	13.9in	1.73ft3	9x3	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	0.5g	Sodium	180mg
Protein	2	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	27g	Saturated Fat	0g	Iron	2.2mg
Sugars	9g	Added Sugars	9g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	2.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

