



G MILLS

058669 - Cereal Honey Nut Chex Gf Wg Bowlpak S/O

A whole grain corn, gluten-free cereal sweetened with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



Nutrition Facts

Servings per Container 96
Serving size 1bowl(31g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 9g Added Sugar	18%
Protein 2g	
Vitamin D 1.4mcg	7%
Calcium 90mg	7%
Iron 2.6mg	14%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Honey, Salt, Molasses, Canola Oil, Baking Soda, Natural Flavor, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

1 bowl

Prep & Cooking Suggestions

READY TO EAT

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
11866000	058669	10016000118666	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
19.6lb	9.8lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.5in	13in	13.9in	1.73ft3	9x3	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	0.5g	Sodium	200mg
Protein	2	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	27g	Saturated Fat	0g	Iron	2.6mg
Sugars	9g	Added Sugars	9g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	1.6
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	60	Vitamin D	1.4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	6mg	Folate	60mg	Riboflavin	0.09mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

