**G MILLS**

# 058669 - Cereal Honey Nut Chex Gf Wg Bowlpak S/O

A whole grain corn, gluten-free cereal sweetened with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

## Nutrition Facts

| | |
|---|---|
| **Servings per Container** | **96** |
| **Serving size** | **1bowl(31g)** |
| **Amount per serving** | |
| **Calories** | **120** |
| | **% Daily Value*** |
| **Total Fat** 0.5g | **1%** |
| Saturated Fat 0g | **0%** |
| *Trans* Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 200mg | **9%** |
| **Total Carbohydrate** 27g | **10%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 9g | |
| Includes 9g Added Sugar | **18%** |
| **Protein** 2g | |
| Vitamin D 1.4mcg | **7%** |
| Calcium 90mg | **7%** |
| Iron 2.6mg | **14%** |
| Potassium 0mg | **0%** |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Benefits

## Ingredients

Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Honey, Salt, Molasses, Canola Oil, Baking Soda, Natural Flavor, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## Allergens

## Handling Suggestions

Keep in a dry cool place

## Serving Suggestions

1 bowl

## Prep & Cooking Suggestions

READY TO EAT

## Product Specifications

| Brand | Manufacturer | Product Category |
|---|---|---|
| G MILLS | GENERAL MILLS, INC. | Cereal |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|---|---|---|---|---|
| 11866000 | 058669 | 10016000118666 | 96 | 96/1 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|---|---|---|---|---|
| 19.6lb | 9.8lb | USA | Yes | No |

| Shipping Information | | | | | | |
|---|---|---|---|---|---|---|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| 16.5in | 13in | 13.9in | 1.73ft3 | 9x3 | 0DAYS | 40°F / 111°F |

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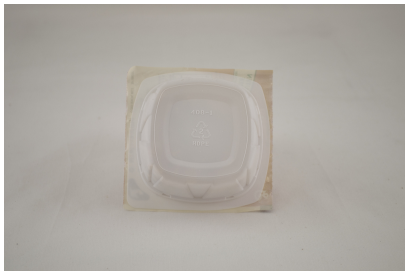
SGC FOODSERVICE

## Nutrition Analysis - By Serving

| | | | | | |
|---|---|---|---|---|---|
| Calories | 120 | Total Fat | 0.5g | Sodium | 200mg |
| Protein | 2 | Trans Fats | 0g | Calcium | 90mg |
| Total Carbohydrates••• | 27g | Saturated Fat | 0g | Iron | 2.6mg |
| Sugars | 9g | Added Sugars | 9g | Potassium | 0mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | 0g | Zinc | 1.6 |
| Lactose | | Monounsaturated Fat | 0g | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | 60 | Vitamin D | 1.4mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | 6mg | Folate | 60mg | Riboflavin | 0.09mg |
| Magnesium | | Vitamin B-6 | | Vitamin B-12• | |
| Monosodium | | Sulphites | | Nitrates | |

## Additional Images





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