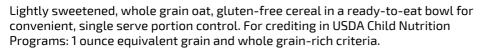


G MILLS 058702 - Cereal Cheerios Multigrain Gf Bowlpak Wg





	_	Nutrition Fa	cts			
	Tros	Servings per Container 96 Serving size 1bowl(28g)				
cheenos chee cheenos chee		Amount per serving Calories	110			
		% Dai	ly Value*			
		Total Fat 1g	2%			
1.27666年125日由于1894	a constraint and a second	Saturated Fat 0g	0%			
		Trans Fat 0g				
		Cholesterol 0mg	0%			
Benefits		Sodium 105mg	5%			
		Total Carbohydrate 23g	8%			
		Dietary Fiber 2g	7%			
		Total Sugars 6g				
		Includes 6g Added Sugar	12%			
Ingredients	Allergens	Protein 2g				
_		Vitamin D 1.5mcg	8%			
Ingredients: Whole Grain Oats, Whole Grain Corn, Sugar, Corn Starch, Whole Grain Rice, Whole Grain		Calcium 170mg	13%			
Sorghum, Whole Grain Millet, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Color (caramel		Iron 14.5mg	81%			
color, annatto extract). Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron		Potassium 130mg	3%			
And Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin C (sodium ascorbate), A B Vitamin (calcium pantothenate), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin A (palmitate), Vitamin D3.		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.				

Product Specifications

Brand			Manufacturer				Product Category		
G MILLS		G	GENERAL MILLS, INC.			Cereal			
MFG #		SPC #	SPC #		GTIN		Pack	Pack Desc.	
32263	000	058702	100	1600032	22636		96	96/.9 OZ	
Gross Weight		Net Weig	Net Weight Cou		intry of Origin		osher	Child Nutrition	
8.15lb		8.15lb	8.15lb		USA		Yes	No	
Shipping Information									
Length	Width	Height	Volume	TIxHI	Shelf L	.ife	ife Storage Temp From/1		
16.75in	13in	18.62in	2.35ft3	9x2	0DAY	′S 40°F / 111°F			

Handling Suggestions

Store in cool dry location

Serving Suggestions

Great for a ready to eat breakfast, brunch or as a snack.

Prep & Cooking Suggestions

Ready to eat





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Lightly sweetened, whole grain oat, gluten-free cereal in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain and whole grain-rich criteria.

Nutrition Analysis - By Serving

Calories	110	Total Fat	1g	Sodium	105mg
Protein	2	Trans Fats	Og	Calcium	170mg
Total Carbohydrates…	23g	Saturated Fat	Og	Iron	14.5mg
Sugars	6g	Added Sugars	6g	Potassium	130mg
Dietary Fiber	2g	Polyunsaturated Fat	Og	Zinc	8.6
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	90	Vitamin D	1.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	7mg	Folate	315mg	Riboflavin	1.2mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images





