



G MILLS

058702 - Cereal Cheerios Multigrain Gf Bowlpak Wg

Lightly sweetened, whole grain oat, gluten-free cereal in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain and whole grain-rich criteria.



Nutrition Facts

Servings per Container 96  
Serving size 1 bowl (28g)

Amount per serving  
Calories 110

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 6g Added Sugar	12%
Protein 2g	
Vitamin D 2.8mcg	14%
Calcium 140mg	11%
Iron 12.9mg	72%
Potassium 130mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Lightly sweetened, whole grain oat, gluten-free cereal.  
96 - 1 oz single serve branded bowls per case  
This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab n go snack.  
Gluten free. Contains no artificial flavors and no colors from artificial sources.  
For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard and whole grain-rich criteria.

Ingredients

Whole Grain Oats, Whole Grain Corn, Sugar, Whole Grain Rice, Corn Starch, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Color (caramel color, annatto extract), Vitamin E (mixed tocopherols) Added to Preserve Freshness.  
Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin C (sodium ascorbate), A B Vitamin (calcium pantothenate), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin A (palmitate), Vitamin D3.

Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand	Manufacturer
G MILLS	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
32263000	058702	10016000322636	96	96/9 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.15lb	8.15lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
16.75in	13in	18.62in	2.35ft3	9x2	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	1g	Sodium	105mg
Protein	2	Trans Fats	0g	Calcium	140mg
Total Carbohydrates...	23g	Saturated Fat	0g	Iron	12.9mg
Sugars	6g	Added Sugars	6g	Potassium	130mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	2.8mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

