



G MILLS

058702 - Cereal Cheerios Multigrain Gf Bowlpak Wg

Lightly sweetened, whole grain oat, gluten-free cereal in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain and whole grain-rich criteria.



Nutrition Facts

Servings per Container 96
Serving size 1bowl(28g)

Amount per serving
Calories 110

% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 6g Added Sugar	12%
Protein 2g	
Vitamin D 1.5mcg	8%
Calcium 170mg	13%
Iron 14.5mg	81%
Potassium 130mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Ingredients: Whole Grain Oats, Whole Grain Corn, Sugar, Corn Starch, Whole Grain Rice, Whole Grain Sorghum, Whole Grain Millet, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Color (caramel color, annatto extract), Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin C (sodium ascorbate), A B Vitamin (calcium pantothenate), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin A (palmitate), Vitamin D3.

⚠ Allergens

Handling Suggestions

Store in cool dry location

Serving Suggestions

Great for a ready to eat breakfast, brunch or as a snack.

Prep & Cooking Suggestions

Ready to eat

📝 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
32263000	058702	10016000322636	96	96/9 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.15lb	8.15lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.75in	13in	18.62in	2.35ft3	9x2	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	1g	Sodium	105mg
Protein	2	Trans Fats	0g	Calcium	170mg
Total Carbohydrates...	23g	Saturated Fat	0g	Iron	14.5mg
Sugars	6g	Added Sugars	6g	Potassium	130mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	8.6
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	90	Vitamin D	1.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	7mg	Folate	315mg	Riboflavin	1.2mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

