



MALT-O-MEAL

058729 - Cereal Raisin Bran Bulk Wg K12

Good fiber content



\* Benefits

# Nutrition Facts

Servings per Container 216  
Serving size 1cup (1oz)

Amount per serving  
**Calories 200**

	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 47g	<b>17%</b>
Dietary Fiber 6g	<b>21%</b>
Total Sugars 20g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 5g	
Vitamin D	<b>15%</b>
Calcium	<b>2%</b>
Iron	<b>50%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Whole grain wheat, raisins, wheat bran, sugar, corn syrup, malt extract, salt, molasses, annatto (for color), reduced iron, niacin (niacinamide), zinc (zinc oxide), vitamin A palmitate, citric acid, vitamin D, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin B12, folate (folic acid).

## Allergens

**Contains:**

soy wheat

**Free From:**

crustaceans eggs fish milk  
 peanuts sesame tree nuts

## Handling Suggestions

Dry

## Serving Suggestions

serve with fruit and/or milk

## Prep & Cooking Suggestions

Add milk

## Product Specifications

Brand	Manufacturer	Product Category
MALT-O-MEAL	POST FOODSERVICE	Cold Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
09816	058729	10042400098161	6	6/36 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15.26lb	13.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20in	16in	9.38in	1.74ft3	6x3	360DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	200	Total Fat	1g	Sodium	280mg
Protein	5	Trans Fats	0g	Calcium	
Total Carbohydrates...	47g	Saturated Fat	0g	Iron	
Sugars	20g	Added Sugars		Potassium	
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

