



MALT-O-MEAL

058731 - Cereal Frosted Flakes Bulk

Part of a nutritious breakfast



\* Benefits

# Nutrition Facts

Servings per Container 180  
Serving size .75cup (1oz)

Amount per serving  
**Calories 120**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 28g	<b>10%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 12g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 2g	
Vitamin D	<b>10%</b>
Calcium 0mg	<b>0%</b>
Iron 4.5mg	<b>25%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Milled corn, sugar, salt, malt extract, corn syrup, vitamin C (ascorbic acid), niacin (niacinamide), reduced iron, vitamin A palmitate, vitamin B12, vitamin B6 (pyridoxine hydrochloride), folate (folic acid), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), vitamin D, wheat starch.

### Allergens

**Contains:**

soy wheat

**Free From:**

crustaceans eggs fish milk  
 peanuts sesame tree nuts

### Handling Suggestions

Dry

### Serving Suggestions

serve with fruit and/or milk

### Prep & Cooking Suggestions

Add milk

### Product Specifications

Brand	Manufacturer	Product Category
MALT-O-MEAL	POST FOODSERVICE	Cold Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
09817	058731	10042400098178	4	4/45 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.93lb	11.25lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20in	16in	9.37in	1.74ft3	6x5	365DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	120	Total Fat	0g	Sodium	180mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	28g	Saturated Fat	0g	Iron	4.5mg
Sugars	12g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

