



MALT-O-MEAL

# 058868 - Cereal Hot Malt O Meal

No Sugar or Sald added: No Artificial Flavors - Colors or preservatives added.Toddler serving: easy to digest and reccommned 1/2 serving



## Nutrition Facts

Servings per Container 110  
Serving size 3TBSor35grams

Amount per serving  
**Calories 130**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 3g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 100mg	<b>8%</b>
Iron 10.8mg	<b>60%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

INGREDIENTS: WHEAT FARINA, MALTED

### ⚠ Allergens

#### Contains:

wheat

#### Free From:

crustaceans eggs fish milk  
 peanuts soy tree nuts

### Handling Suggestions

Store dry

### Serving Suggestions

Serve with milk and fruit for a wholesome breakfast or snack on cold days.

### Prep & Cooking Suggestions

STOVE TOP HEAT water and salt to boiling. STIR in Malt-O-Meal Cereal gradually. Return to boiling while continuing to stir; then reduce heat to maintain a low boil. COOK 2 minutes or until thickened, stirring constantly. Serve hot with milk and your choice of toppings. MICROWAVE STIR all ingredients in a 2-cup microwave-safe bowl. MICROWAVE on HIGH for 1 minute. Stir. MICROWAVE 1-2 minutes more until cereal thickens; stir well every 30 seconds. Watch carefully to prevent boiling over. STIR. Let stand until desired consistency.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
MALT-O-MEAL	POST FOODSERVICE	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
00115	058868	00042400001157	12	12/28 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.99lb	21lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.13in	11in	8.31in	0.59ft3	12x4	0DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	130	Total Fat	0.5g	Sodium	0mg
Protein	5	Trans Fats	0g	Calcium	100mg
Total Carbohydrates...	27g	Saturated Fat	0g	Iron	10.8mg
Sugars	3g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

