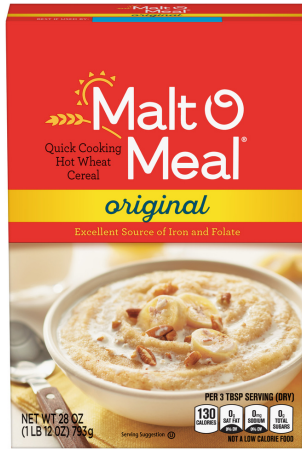




MALT-O-MEAL

# 058868 - Cereal Hot Malt O Meal

No Sugar or Sald added: No Artificial Flavors - Colors or preservatives added. Toddler serving: easy to digest and reccommned 1/2 serving



## Nutrition Facts

110 Servings Per Container

Serving size **3 TBS or 35 grams**

Amount per serving

**Calories 130**

% Daily Value\*

<b>Total Fat</b> 0.5 g	<b>1%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrate</b> 27 g	<b>10%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 3 g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 5 g	
Vitamin D 0 mcg	<b>0%</b>
Calcium 100 mg	<b>8%</b>
Iron 10.8 mg	<b>60%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

INGREDIENTS: WHEAT FARINA, MALTED

### ⚠ Allergens

**Contains:**

wheat

**Free From:**

crustaceans eggs fish milk  
 peanuts soy tree nuts

### Handling Suggestions

Store dry

### Serving Suggestions

Serve with milk and fruit for a wholesome breakfast or snack on cold days.

### Prep & Cooking Suggestions

STOVE TOP HEAT water and salt to boiling. STIR in Malt-O-Meal Cereal gradually. Return to boiling while continuing to stir; then reduce heat to maintain a low boil. COOK 2 minutes or until thickened, stirring constantly. Serve hot with milk and your choice of toppings. MICROWAVE STIR all ingredients in a 2-cup microwave-safe bowl. MICROWAVE on HIGH for 1 minute. Stir. MICROWAVE 1-2 minutes more until cereal thickens; stir well every 30 seconds. Watch carefully to prevent boiling over. STIR. Let stand until desired consistency.

### 📄 Product Specifications

Brand	Manufacturer
MALT-O-MEAL	Post Consumer Brands

MFG #	SPC #	GTIN	Pack	Pack Desc.
00115	058868	00042400001157	12	12 / 28.0 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.99 lb	21 lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.13 in	11 in	8.31 in	0.58 ft3	12x4	730 DAYS	32 °F / 95 °F



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## Nutrition Analysis - By Serving

Calories	130	Total Fat	0.5 g	Sodium	0 mg
Protein	5	Trans Fats	0 g	Calcium	100 mg
Total Carbohydrates...	27 g	Saturated Fat	0 g	Iron	10.8 mg
Sugars	3 g	Added Sugars		Potassium	
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

