



G MILLS

059334 - Bar Cereal Lucky Charms S/O

A convenient, no-mess chewy cereal bar made with Lucky Charms cereal pieces and individually wrapped to enjoy on the go. Made with no high fructose corn syrup. For crediting in USDA Child Nutrition Programs; meets 2 ounce equivalent grains and whole grain-rich criteria. Available in bulk 48 - 2.5 oz bars in each case.



Nutrition Facts

Servings per Container **48**
Serving size **1bar(70g)**

Amount per serving
Calories 280

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 51g	19%
Dietary Fiber 5g	18%
Total Sugars 16g	
Includes 15g Added Sugar	30%
Protein 5g	
Vitamin D 0.5mcg	3%
Calcium 420mg	32%
Iron 2.4mg	13%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A convenient, no-mess chewy cereal bar made with Lucky Charms cereal pieces individually wrapped, available in bulk, 48-2.5 oz bars in each case
Made with no high fructose corn syrup
A great alternative to cereal, perfect for grab and go

Ingredients

Whole Grain Oats, Corn Syrup, Sugar, Canola and/or Sunflower Oil, Fructose, Whole Wheat Flour, Brown Rice Flour, Chicory Root Extract, Vegetable Glycerin, Maltodextrin. Contains 2% or less of: Whole Corn Flour, Calcium Carbonate, Whole Oat Flour, Wheat Starch, Corn Starch, Dextrose, Salt, Soy Lecithin, Gelatin, Baking Soda, Natural and Artificial Flavor, Trisodium Phosphate, Color (red 40, yellow 5, blue 1, yellow 6), Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), Vitamin E (mixed tocopherols) Added to Preserve Freshness, a B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), a B Vitamin (folic acid), Vitamin B12 (cyanocobalamin), Vitamin D3 (cholecalciferol).

Allergens

Contains:

soy wheat

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

ready to eat

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Equipment

MFG #	SPC #	GTIN	Pack	Pack Desc.
16853000	059334	10016000168531	48	48/2.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.5lb	7.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20in	8.5in	7in	0.69ft3	1x1	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	280	Total Fat	6g	Sodium	170mg
Protein	5	Trans Fats	0g	Calcium	420mg
Total Carbohydrates...	51g	Saturated Fat	0.5g	Iron	2.4mg
Sugars	16g	Added Sugars	15g	Potassium	110mg
Dietary Fiber	5g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

