G MILLS

059600 - **Cereal Cheerios Bowlpak Gf Wg**

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 0.5 ounce equivalent grain and whole grain-rich criteria.

Nutrition Facts

Servings per Container	**96**
Serving size	**1bowl(19g)**
Amount per serving	
Calories	**70**
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 95mg	**4%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 2g	**7%**
Total Sugars 1g	
Includes 1g Added Sugar	**2%**
Protein 2g	
Vitamin D 0.8mcg	**4%**
Calcium 50mg	**4%**
Iron 5.4mg	**30%**
Potassium 120mg	**3%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness.and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to Eat

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cold Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
32262000	059600	10016000322629	96	96/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	6lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.75in	13in	18.62in	2.35ft3	9x2	360DAYS	40°F / 111°F

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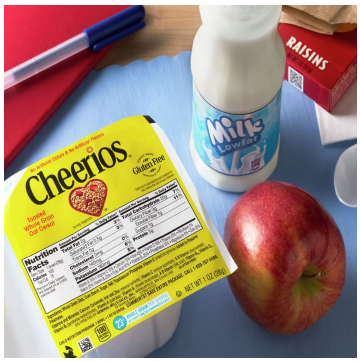
SGC FOODSERVICE

Nutrition Analysis - By Serving

Calories	70	Total Fat	1.5g	Sodium	95mg
Protein	2	Trans Fats	0g	Calcium	50mg
Total Carbohydrates•••	14g	Saturated Fat	0g	Iron	5.4mg
Sugars	1g	Added Sugars	1g	Potassium	120mg
Dietary Fiber	2g	Polyunsaturated Fat	0.5g	Zinc	0.9
Lactose		Monounsaturated Fat	0.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	40	Vitamin D	0.8mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4mg	Folate	30mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



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