



G MILLS

059618 - Cereal Kix Bowlpak Wg S/O

A crispy, whole grain corn cereal made with toasted corn puffed into pieces in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: whole grain-rich criteria, USDA Smart Snacks criteria, and CACFP eligible.



Nutrition Facts

Servings per Container 96  
Serving size 1bowl(17g)  
Amount per serving  
Calories 70

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 1g	
Vitamin D 0.9mcg	5%
Calcium 80mg	6%
Iron 4.5mg	25%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ingredients

Ingredients: Whole Grain Corn, Corn Meal, Sugar, Salt, Brown Sugar Syrup, Baking Soda, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B<sub>6</sub> (pyridoxine hydrochloride), Vitamin B<sub>1</sub> (thiamin mononitrate), Vitamin A (palmitate), Vitamin B<sub>2</sub> (riboflavin), A B Vitamin (folic acid), Vitamin B<sub>12</sub>, Vitamin D<sub>3</sub>.

⚠ Allergens

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

1 bowl

Prep & Cooking Suggestions

READY TO EAT

📄 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cold Cereal

MFG #	SPC #	GTIN	Pack	Pack Desc.
11942000	059618	10016000119427	96	96/.63 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.95lb	6.7lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.5in	13in	13.7in	1.7ft3	9x3	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	70	Total Fat	0.5g	Sodium	100mg
Protein	1	Trans Fats	0g	Calcium	80mg
Total Carbohydrates...	14g	Saturated Fat	0g	Iron	4.5mg
Sugars	2g	Added Sugars	2g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	1.1
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	40	Vitamin D	0.9mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4mg	Folate	30mg	Riboflavin	0.08mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

