



G MILLS

059623 - Cereal Cheerios Individual Box S/O

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in a convenient, single serve portion.



Nutrition Facts

Servings per Container	70
Serving size	1box(17g)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 1g Added Sugar	2%
Protein 2g	
Vitamin D 1mcg	5%
Calcium 70mg	5%
Iron 6.2mg	34%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

WHOLE GRAIN OATS, CORN STARCH, SUGAR, SALT, TRIPOTASSIUM PHOSPHATE. VITAMIN E (MIXED TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS.VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN A (PALMITATE), VITAMIN B1 (THIAMIN MONONITRATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.

⚠ Allergens

Handling Suggestions

Store in a Cool, Dry Place.

Serving Suggestions

One Box

Prep & Cooking Suggestions

Ready to Eat

📄 Product Specifications

Brand		Manufacturer				
G MILLS		GENERAL MILLS SALES INC.				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
11945000	059623	10016000119458	70	70 / 0.63 ONZ		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
5.9lb	2.73lb	USA	Yes	No		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.62in	11.87in	8.87in	0.89ft3	12x5	312DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	60	Total Fat	1g	Sodium	85mg
Protein	2	Trans Fats	0g	Calcium	70mg
Total Carbohydrates...	13g	Saturated Fat	0g	Iron	6.2mg
Sugars	1g	Added Sugars	1g	Potassium	110mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	1.4
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	70	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	4mg	Folate	35mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

