



G MILLS

059845 - Bar Cereal Cheerios Team

A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries and individually wrapped to enjoy on-the-go. Made without Gelatin. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



Nutrition Facts

Servings per Container 96
Serving size 1bar(40g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	11%
Total Sugars 9g	
Includes 9g Added Sugar	18%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 250mg	19%
Iron 4.3mg	24%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

WHOLE GRAIN OATS, CEREAL (WHOLE GRAIN OATS, WHOLE GRAIN CORN, SUGAR, CORN STARCH, WHOLE GRAIN RICE, CORN BRAN, WHOLE SORGHUM, WHOLE GRAIN MILLET, BROWN SUGAR SYRUP, SALT, TRIPOTASSIUM PHOSPHATE, COLOR [CARAMEL COLOR, ANNATTO EXTRACT], VITAMIN E [MIXED TOCOPHEROLS] ADDED TO RETAIN FRESHNESS, VITAMINS AND MINERALS: CALCIUM CARBONATE, A B VITAMIN [NIACINAMIDE], ZINC AND IRON [MINERAL NUTRIENTS], A B VITAMIN [CALCIUM PANTOTHENATE], VITAMIN C [SODIUM ASCORBATE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B1 [THIAMIN MONONITRATE], A B VITAMIN [FOLIC ACID], VITAMIN A [PALMITATE], VITAMIN B12, VITAMIN D3), CORN SYRUP, FRUCTOSE, CANOLA OIL, SUGAR, SWEETENED CRANBERRIES (SUGAR, CRANBERRIES), CHICORY ROOT EXTRACT, WHOLE WHEAT FLOUR, MALTODEXTRIN. CONTAINS 2% OR LESS OF: WHOLE GRAIN RICE, CORN FLOUR, VEGETABLE GLYCERIN, CALCIUM CARBONATE, WHOLE OAT FLOUR, WHEAT STARCH, SALT, VEGETABLE JUICE COLOR, BAKING SODA, NATURAL FLAVOR. CONTAINS WHEAT INGREDIENTS.

⚠ Allergens

Contains:



wheat

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready to Eat

📄 Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Protein Bars, Snack Bars & Snack Bites

MFG #	SPC #	GTIN	Pack	Pack Desc.
31914000	059845	10016000319148	96	96/1.4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.8in	12.4in	6.2in	0.79ft3	8x6	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	160	Total Fat	3.5g	Sodium	95mg
Protein	2	Trans Fats	0g	Calcium	250mg
Total Carbohydrates...	30g	Saturated Fat	0.5g	Iron	4.3mg
Sugars	9g	Added Sugars	9g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	20	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	80mg	Riboflavin	0.3mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



Nutrition Facts Serving size: 1 bar (40g), Amount per serving:
Calories 160, Total Fat 3.5g (4% DV), Saturated Fat 0.5g (3% DV), Trans Fat 0g,
Cholesterol 0mg (0% DV), **Sodium** 95mg (4% DV), **Total Carb.** 30g (11% DV), Dietary
 Fiber 3g (12% DV), Total Sugars 9g (incl. 9g Added Sugars, 18% DV), **Protein** 2g,
 Calcium (15% DV), Iron (25% DV), Potassium (6% DV), Vitamin A (2% DV), Thiamin (30% DV),
 Riboflavin (25% DV), Niacin (20% DV), Vitamin B₆ (25% DV), Folate (15% DV)
 (45mcg folic acid), Vitamin B₁₂ (15% DV). Not a significant source of Vitamin D and Vitamin
 C. % DV = % Daily Value

