



G MILLS

059876 - Cereal *Disc* Cheerios Fruity Bowlpak

A fruity, sweetened whole grain oat gluten-free cereal in ring-shaped pieces with natural, fruit flavor in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.



Nutrition Facts

Servings per Container 96
Serving size 1bowl(31g)

Amount per serving
Calories 120

% Daily Value*

Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrate	25g	9%
Dietary Fiber	2g	7%
Total Sugars	9g	
Includes 9g Added Sugar		18%
Protein	3g	
Vitamin D	1.6mcg	8%
Calcium	100mg	8%
Iron	2.7mg	15%
Potassium	130mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A fruity, sweetened whole grain oat gluten-free cereal in ring-shaped pieces with natural fruit flavor. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab n go snack. Contains no artificial flavors and no colors from artificial sources. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard and whole grain-rich criteria. 96 - 1.12 oz single serve branded bowls per case

Ingredients

WHOLE GRAIN OATS, SUGAR, CORN STARCH, CORN SYRUP, PEAR PUREE CONCENTRATE, SALT, COLOR (VEGETABLE JUICE, FRUIT JUICE, AND ANNATTO EXTRACT), TRIPOTASSIUM PHOSPHATE, NATURAL FLAVOR, SODIUM CITRATE, CITRIC ACID, VITAMIN E (MIXED TOCOPHEROLS) AND ASCORBIC ACID ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN C (SODIUM ASCORBATE), IRON AND ZINC (MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), VITAMIN B2 (RIBOFLAVIN), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.

⚠ Allergens

Handling Suggestions

Store in cool dry location

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to Eat

📋 Product Specifications

Brand	Manufacturer
G MILLS	GENERAL MILLS SALES INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
31916000	059876	10016000319162	96	96 / 1.12 ONZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.4lb	6.72lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
16.75in	13in	18.62in	2.35ft3	9x5	312DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	1.5g	Sodium	140mg
Protein	3	Trans Fats	0g	Calcium	100mg
Total Carbohydrates...	25g	Saturated Fat	0g	Iron	2.7mg
Sugars	9g	Added Sugars	9g	Potassium	130mg
Dietary Fiber	2g	Polyunsaturated Fat	0.5g	Zinc	1.7
Lactose		Monounsaturated Fat	0.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	70	Vitamin D	1.6mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	7mg	Folate	60mg	Riboflavin	0.1mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

