



G MILLS

059907 - Cereal Cheerios Apple Cinn Bowlpak Gf Wg

Sweetened whole grain oat, gluten-free cereal with apple cinnamon taste in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



Nutrition Facts

Servings per Container 96  
Serving size 1bowl (28g)

Amount per serving  
Calories 110

% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 6g Added Sugar	12%
Protein 3g	
Vitamin D 3mcg	15%
Calcium 90mg	7%
Iron 2.7mg	15%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Sweetened whole grain oat, gluten-free cereal with apple cinnamon taste. Comes in 96 convenient 1 oz bowlpaks, perfect for easy breakfasts 6g added sugars per serving No high fructose corn syrup or artificial sweeteners Good source of vitamin D and Smart Snack compliant 1 oz Equiv Grain, CACFP Eligible and K-12 Regulation Ready

Ingredients

Whole Grain Oats, Sugar, Corn Starch, Apple Puree Concentrate, Canola and/or Sunflower Oil, Corn Syrup, Refiner's Syrup, Sat, Cinnamon, Trisodium Phosphate, Rosemary Extract, Vitamin E (mixed tocopherols Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate, Vitamin B2 (riboflavin) A B Vitamin (folic-acid), Vitamin B12, Vitamin D3.

Allergens

Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

One Bowlpak

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand				Manufacturer		
G MILLS				GENERAL MILLS, INC.		
MFG #		SPC #	GTIN		Pack	Pack Desc.
31879000		059907	10016000318790		96	96/1 OZ
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
9.3lb		8.9lb	USA		Yes	No
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.7in	13.2in	14.3in	1.82ft3	9x2	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	2g	Sodium	130mg
Protein	3	Trans Fats	0g	Calcium	90mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	2.7mg
Sugars	6g	Added Sugars	6g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

