



PILLSBURY

060165 - Mix Pancake Sweet Complete

Save time and labor with easy, just add water prep. Add water only formulas have a high water absorption rate for producing more pancakes. Exceptional after-mix hold time means less waste from gassing out. These versatile pancakes can be made into waffles using recipe variation with the addition of eggs and oil.



Nutrition Facts

Servings per Container **216**
Serving size **1/2cupMix(63g)Makes2-4 1/2"Pancakes**

Amount per serving
Calories 230

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 720mg	31%
Total Carbohydrate 45g	16%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 8g Added Sugar	16%
Protein 5g	
Vitamin D	%
Calcium 100mg	8%
Iron 2.5mg	14%
Potassium 120mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, DEFATTED SOY FLOUR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), DEXTROSE. CONTAINS 2% OR LESS OF: BUTTERMILK, SALT, EGGS WITH SODIUM SILICOALUMINATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS WHEAT, SOY, MILK AND EGG INGREDIENTS.

Allergens

Contains:



Handling Suggestions

Store in cool dry location.

Serving Suggestions

Full box using #20 scoop will yield 72 pancakes.

Prep & Cooking Suggestions

Pour total amount of water into mixer bowl. Add total amount of pancake mix. Mix using a wire whip attachment on low speed for 1 minute. Stop mixer. Scrape bowl and wire whip. Mix on medium speed for 1 minute. Do not overmix. Deposit batter on a preheated griddle set at 375 F. Grill 1 1/2 minutes on each side or until puffed and edges begin to dry. Turn only once.

Product Specifications

Brand	Manufacturer
PILLSBURY	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
1800011388	060165	10018000113887	6	6/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
32.7lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.68in	11.75in	10in	1.07ft3	10x5	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	230	Total Fat	3.5g	Sodium	720mg
Protein	5	Trans Fats	0g	Calcium	100mg
Total Carbohydrates...	45g	Saturated Fat	1.5g	Iron	2.5mg
Sugars	9g	Added Sugars	8g	Potassium	120mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

