



GOLD MEDAL

060202 - Mix Cake Yellow

Gold Medal(TM) yellow cake mix in an easy, "just add water" format. High ratio formula means cakes are tender and moist, every time, with traditional, buttery vanilla flavor.



Nutrition Facts

Servings per Container 252
Serving size 1/3cupmix(54g)

Amount per serving
Calories 230

	% Daily Value*
Total Fat 6g	7%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 340mg	15%
Total Carbohydrate 41g	15%
Dietary Fiber 1g	4%
Total Sugars 23g	
Includes 23g Added Sugar	46%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.1mg	6%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, DEXTROSE. CONTAINS 2% OR LESS OF: LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), PROPYLENE GLYCOL MONO AND DIESTERS, MODIFIED CORN STARCH, EGGS WITH SODIUM SILICOALUMINATE, EGG WHITE, SALT, NONFAT MILK, MONO AND DIGLYCERIDES, SOY LECITHIN, XANTHAN GUM, WHEY, NATURAL FLAVOR, ANNATTO AND TURMERIC EXTRACT COLOR.CONTAINS WHEAT, EGG, MILK AND SOY INGREDIENTS.

⚠ Allergens

Contains:

🥚 eggs 🥛 milk 🌱 soy 🌾 wheat

Handling Suggestions

6 5lb. boxes of mix per case. Best If Used By code date. Store in cool dry location.

Serving Suggestions

1/3 cup of mix

Prep & Cooking Suggestions

Follow package directions for preparing and baking. Bake times may vary slightly.

📄 Product Specifications

Brand	Manufacturer
GOLD MEDAL	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
11152000	060202	10016000111520	6	6/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
34lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6in	9.8in	12in	1.06ft3	10x4	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	230	Total Fat	6g	Sodium	340mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	41g	Saturated Fat	3g	Iron	1.1mg
Sugars	23g	Added Sugars	23g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate	55mg	Riboflavin	0.1mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



Nutrition Facts			
42 (1/3 cup) servings per container			
64 (1/4 cup) servings per container			
Serving size 1/3 cup mix (54g)			
1/4 cup mix (35g)			
	Per 1/3 cup mix	% DV*	Per 1/4 cup mix
Calories	230		150
Total Fat	6g	7%	3.5g
Saturated Fat	3g	15%	2g
Trans Fat	0g		0g
Cholesterol	10mg	4%	5mg
Sodium	340mg	15%	220mg
Total Carbohydrate	41g	15%	27g
Dietary Fiber	<1g	2%	0g
Total Sugars	23g		15g
Incl. Added Sugars	23g	46%	15g
Protein	3g		2g
Iron	1.1mg	6%	0.7mg

Not a significant source of vitamin D, calcium, and potassium.
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.