



G MILLS

060970 - Bar Cereal Cocoa Puffs

A convenient, no-mess, and portable chewy cereal bar made from Cocoa Puffs(TM) cereal pieces with only 150 calories. Individually wrapped bars meet 1 ounce equivalent grain and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



Nutrition Facts

Servings per Container 96
Serving size 1bar(40g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Total Sugars 9g	
Includes 8g Added Sugar	16%
Protein 3g	
Vitamin D 0.8mcg	4%
Calcium 260mg	20%
Iron 2.1mg	12%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A convenient, no-mess, and portable chewy cereal bar made from Cocoa Puffs(TM) cereal pieces. Individually wrapped, available in bulk, 96 - 1.42 oz bars in each case. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup.Made without gelatin. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Ingredients

Whole Grain Oats, Corn Syrup, Whole Grain Corn, Sugar, Whole Wheat Flour, Fructose, Canola and/or Sunflower Oil, Brown Rice Flour, Chicory Root Extract, Vegetable Glycerin. Contains 2% or less of: Cocoa Processed With Alkali, Rice Flour, Calcium Carbonate, Maltodextrin, Yellow Corn Flour, Color (caramel color, annatto extract), Salt, Modified Wheat Starch, Soy Lecithin, Tricalcium Phosphate, Baking Soda, Natural Flavor, Vitamin C (sodium ascorbate), Cocoa Powder, Iron and Zinc (mineral nutrients), a B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), a B Vitamin (folic acid), Vitamin B12, Vitamin D3.

⚠ Allergens

Contains:

soy wheat

Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer
G MILLS	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
45577000	060970	10016000455778	96	96/1.42 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.7lb	12lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.5in	9.4in	10.5in	0.89ft3	8x7	180DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	160	Total Fat	3.5g	Sodium	105mg
Protein	3	Trans Fats	0g	Calcium	260mg
Total Carbohydrates...	29g	Saturated Fat	0g	Iron	2.1mg
Sugars	9g	Added Sugars	8g	Potassium	100mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0.7
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0.8mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	2mg	Folate	20mg	Riboflavin	0.05mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

