



BETTY CROCKER

# 060972 - Bar Oatmeal Butterscotch S/O

A whole grain oatmeal bar flavored with butterscotch, individually wrapped, and made with 16g of whole grain. Made without Gelatin, no artificial flavors, and no colors from artificial sources. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



## Nutrition Facts

Servings per Container 144  
Serving size 1bar(35g)

Amount per serving  
**Calories 150**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 9g	
Includes 8g Added Sugar	<b>16%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0.6mg	<b>3%</b>
Potassium 170mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Ingredients: Whole Grain Oats, Whole Wheat Flour, Sugar, Corn Syrup, Canola Oil, Caramel Flavored Chips (sugar, palm kernel and palm oil, reduced minerals whey, soy lecithin, color [caramel color, vegetable juice, annatto extract], nonfat milk solids, natural flavor, salt), Vegetable Glycerin. Contains 2 % or less of: Molasses, Semisweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Palm Oil, Baking Soda, Salt, Natural Flavor, Dried Egg Whites.

### Allergens

**Contains:**  
 eggs milk soy wheat

### Handling Suggestions

Store in a cool, dry location.

### Serving Suggestions

Serve as is

### Prep & Cooking Suggestions

Ready to eat

### Product Specifications

Brand	Manufacturer
BETTY CROCKER	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
45976000	060972	10016000459769	144	144/1.24 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	11.16lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.81in	9.81in	9.62in	0.86ft3	12x5	248DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	150	Total Fat	5g	Sodium	105mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	25g	Saturated Fat	1g	Iron	0.6mg
Sugars	9g	Added Sugars	8g	Potassium	170mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

