G MILLS

060975 - Bar *Disc* Cereal Cheerios Fruity S/O

A chewy cereal bar made with Fruity Cheerios(TM) cereal pieces and individually wrapped to enjoy on-the-go. Made without Gelatin. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**96**
Serving size	**1bar(40g)**
Amount per serving	
Calories	**150**
	% Daily Value*
Total Fat 3.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 105mg	**5%**
Total Carbohydrate 29g	**11%**
Dietary Fiber 3g	**11%**
Total Sugars 9g	
Includes 9g Added Sugar	**18%**
Protein 3g	
Vitamin D 0.5mcg	**3%**
Calcium 270mg	**21%**
Iron 1.8mg	**10%**
Potassium 0mg	**0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

WHOLE GRAIN OATS, CEREAL (WHOLE GRAIN OATS, SUGAR, OAT BRAN, CORN STARCH, CORN SYRUP, PEAR PUREE CONCENTRATE, SALT, COLOR [VEGETABLE JUICE, FRUIT JUICE, ANNATTO EXTRACT], TRIPOTASSIUM PHOSPHATE, NATURAL FLAVOR, SODIUM CITRATE, CITRIC ACID, VITAMIN E (MIXED TOCOPHEROLS) AND ASCORBIC ACID ADDED TO RETAIN FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN C [SODIUM ASCORBATE], A B VITAMIN [NIACINAMIDE], ZINC AND IRON [MINERAL NUTRIENTS], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN A [PALMITATE], A B VITAMIN [FOLIC ACID], VITAMIN B12, VITAMIN D3), CORN SYRUP, FRUCTOSE, CANOLA OIL, SUGAR, CHICORY ROOT EXTRACT, MALTODEXTRIN, WHOLE WHEAT FLOUR. CONTAINS 2 % OR LESS OF: BROWN RICE FLOUR, VEGETABLE GLYCERIN, CORN FLOUR, CALCIUM CARBONATE, WHEAT STARCH, SALT, VEGETABLE JUICE COLOR, NATURAL FLAVOR, BAKING SODA. CONTAINS WHEAT INGREDIENTS.

Allergens

Contains:

wheat

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready to Eat

Product Specifications

Brand	Manufacturer	Product Category
G MILLS	GENERAL MILLS, INC.	Cereal Bars

MFG #	SPC #	GTIN	Pack	Pack Desc.
31912000	060975	10016000319124	96	96/1.42 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.45lb	8.52lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.87in	12.25in	6.37in	0.81ft3	8x7	248DAYS	40°F / 111°F

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Nutrition Analysis - By Serving

Calories	150	Total Fat	3.5g	Sodium	105mg
Protein	3	Trans Fats	0g	Calcium	270mg
Total Carbohydrates•••	29g	Saturated Fat	0g	Iron	1.8mg
Sugars	9g	Added Sugars	9g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	0.9
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	30	Vitamin D	0.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	2mg	Folate	20mg	Riboflavin	0.06mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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