



G MILLS

061358 - Mix Pancake Complete S/O

Complete pancake mix in an easy, "just add water" format from General Mills.
Formulated to produce light and fluffy golden pancakes every time.



Nutrition Facts

Servings per Container 156
Serving size 2/3cupmix(86g)makes2-4-1/2"pancakes

Amount per serving
Calories 300

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1060mg	46%
Total Carbohydrate 63g	23%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 7g Added Sugar	14%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 60mg	5%
Iron 3.5mg	19%
Potassium 140mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Consistent, scratch-like taste and superior results every time. Highly tolerant formulas forgive minor preparation errors and eliminate waste. Exceptional after-mix hold time means little batter wasted from gassing out. Save time and labor with easy, just add water prep. Add water only formula has high water absorption rate for better yield (more pancakes per box). Menu pancakes and waffles all-day long as a traditional breakfast item favorite or load them with toppings for an indulgent, profitable treat. Available in cost-effective, 5 lb. bulk format

Ingredients

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, SUGAR, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE). CONTAINS 2% OR LESS OF: PALM OIL, DEFATTED SOY FLOUR, SALT, MODIFIED WHEY, PROPYLENE GLYCOL MONO AND DIESTERS, SOY LECITHIN, MONO AND DIGLYCERIDES, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, EGG.

Allergens

Contains:

eggs milk soy wheat

Handling Suggestions

6-5 lb. boxes per case. "Best if Used By" code date. Store in a cool, dry location. Pancake Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

Serving Suggestions

2/3 Cup Mix (86g) Makes 2 - 4-1/2" Pancakes

Prep & Cooking Suggestions

Standard Prep: Just add water. One stage mix with 2 minutes of mixing time. Deposit batter on preheated griddle at 375 degrees F. Grill 1 1/2 minutes on each side. See package for complete mixing and grilling instructions.

Product Specifications

Brand	Manufacturer
G MILLS	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
11030000	061358	10016000110301	6	6/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
30lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.7in	9.6in	10.7in	0.93ft3	10x4	0DAYS	40°F / 111°F



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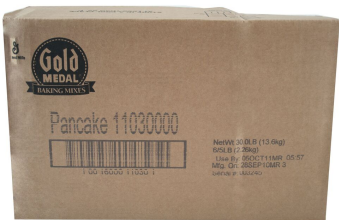
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Nutrition Analysis - By Serving

Calories	300	Total Fat	3g	Sodium	1060mg
Protein	6	Trans Fats	0g	Calcium	60mg
Total Carbohydrates...	63g	Saturated Fat	1.5g	Iron	3.5mg
Sugars	9g	Added Sugars	7g	Potassium	140mg
Dietary Fiber	2g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



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CONTAINS WHEAT, SOY, MILK AND EGG INGREDIENTS.